

# FRUITAGE

Chapter XVIII of *Science and Health with Key to the Scriptures*  
by Mary Baker Eddy, Two Hundred Fifty-seventh Thousand, 1902

A collection of testimonies of healing  
achieved through the reading of the Christian Science textbook  
(with but one exception, none of the accounts in this collection  
appears in the final edition of *Science and Health*)

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*"The 'still, small voice' of scientific thought reaches  
over continent and ocean to the globe's remotest bound.  
The inaudible voice of Truth is, to the human mind,  
'as when a lion roareth.'"*

— Mary Baker Eddy

## **FRUITAGE.**

*Wherefore by their fruits ye shall know them.* — Christ Jesus.

*That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God.* — St. Paul.

*Let us get up early to the vineyards: let us see if the vine flourish, whether the tender grape appear, and the pomegranates bud forth.* — Solomon's Song.

**T**HOUSANDS of letters could be presented, in testimony of the healing efficacy of Christian Science and particularly concerning the vast number of people who have been reformed and healed through the perusal or study of this book.

For the assurance and encouragement of the reader, a few of these letters are here republished from The Christian Science Journal and Christian Science Sentinel. Most of the originals are in the possession of the Editor, who can authenticate the testimonials which follow.

## **A YEAR OF CHRISTIAN SCIENCE.**

Two sayings of Christ have recently been impressed on my thought as never before: "Seek, and ye shall find," "They that be whole need not a physician, but they that are sick."

A year ago I was sick, — sick physically, — and had been so for eight years, but more sick mentally. Life for me had been a hopeless tangle, and up to that time I could see no pleasant prospect, no hope of desire fulfilled. Eight years of chronic diarrhoea had so weakened me that while the disease had partially left me, the discouraged heart-sickness had vastly increased. I needed a physician and I knew it, but I had tried all

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schools and classes of doctors with little avail. I now see that I diagnosed my needs very well when I came to the conclusion that if I gained any benefit it would be by some mental method that I had so far failed to discover.

But I then classed mental and spiritual methods as distinct and separate, hence my first move was in the wrong direction, and my first effort to seek was in the fields of animal magnetism. I had previously in my early life explored spiritual fields as presented in the evangelical churches, and for the last five or six years had dropped them as not fully supplying my needs. But mesmerism and animal magnetism proved farther from my needs than all else. Finally, as I was in the Public Library in Lowell, Mass., one day, I wondered if among all that array of books and literature there was yet any thought, or system, or wisdom, that the ages had accumulated that was or could be of any value to me, or if it was still true as in Solomon's day that "of making books there is no end," and "all is vanity." I sat down at a table in the reading room and picked up the *Christian Science Journal* for May, 1899, the first one I had ever seen, and, practically, it was the first I had ever heard of Christian Science. Before I left that table I knew that if half that I found in that *Journal* were true, I should have to seek no farther, for I had found what I wanted.

I soon was able to prove to myself whether the testimony in that *Journal* was true or not, for I went from that table to the desk and learned that the book, "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy, was in the library, and I took that home with me. I had read a few pages in the book when this expression arrested my attention: "The divine Spirit testifying through Christian Science unfolded to me the demonstrable fact that matter possesses neither sensation nor life." What, thought I, no life nor sensation in matter? but my body is called matter and that has both, has it not? But how if I have left this body? does the body have life or sensation then?

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Then it is not the body, but I, mind or soul or whatever governs the body, that experiences the sensations and exhibits life; and if this be so, as it must be, perhaps the author has found a way to control, through God's omnipotent power, this life and sensation. I have tried enough to know I cannot control it myself.

Thus at the opening of the book I caught somewhat its inner meaning, and before I had read more than half through it, I found a chance to prove if it be true or not, for a severe cold, sore throat, and cough set in, such as generally took my time and attention for four or five weeks with many medicines. I bravely said, "No medicines now," and in a crude way began to treat myself. In twenty-four hours the cold had disappeared. That satisfied me, and I continued reading the book. For years my diet had been confined to the simplest kinds of food and the smallest quantity I could well live on.

I did not treat myself for this condition of things, for I understood it was chronic, and I supposed it would be a long, hard, and perhaps slow, thing to heal by any method. The doctors had always so intimated. But one day in about a month I suddenly awoke to the fact that I was eating with impunity anything I wanted. *The reading of the book had healed me.*

I had not thus far seen any Christian Scientist or been to any church, owing to a feeling that those connected with Christian Science were not desirable people to associate with and had better be avoided; but having now found the Science a true Science, I ventured to investigate the Scientists, and now, after having in my travels the past six months visited perhaps as many churches and met as many Scientists as is the lot of most men, I know that there are no more unselfish, clear-headed, pure-minded, respectable, and desirable people than are to be met everywhere among them.

Christian Science found me a weak, puny man of one

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hundred and thirty pounds: to-day I weigh one hundred and fifty-five and am still growing, physically I presume, mentally surely. My thought was not clear, memory was poor, and mental work was a heavy effort, all of which is changed to-day beyond my power to describe, and wholly for the better. This improvement physically and mentally has gone on while my work has subjected me to all kinds of exposure; riding in a sleeping car with a draught blowing on my head all night without catching cold; getting thoroughly wet with perspiration, then without additional clothing riding for miles in an open buggy through a damp, cold air, and no resulting cold; eating all kinds of fare at all kinds of hotels at all hours of day or night. How is that to mortal thought for a man who only a year ago had lived for eight years in the bonds of chronic diarrhoea and dyspepsia? and the half is not told! Would I go back? Never! All the years of my life were a complete failure save that by their sharp experiences they drove me to seek and find Science, and one year of God's service in Science has given me more satisfaction than all my material life before.

Christ came not to the man who believes himself whole; but he who is sick, and knows himself sick, physically or mentally, can find in Christian Science the physician which heals all manner of sickness to-day as of yore.

*J. B. T., Lowell, Mass.*

## **FROM DRUGS TO CHRISTIAN SCIENCE.**

Prior to my acceptance of Christian Science, I was never satisfied, and drifted from one "ism" to another, and was driven from pillar to post in all the "ologies" and theories of the present day. I had studied closely many of the physical sciences and sciences allied. I was skeptical in everything appertaining to religion, and did not hesitate to express my opinion that all religions were based on ignorance, superstition, and dogma.

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However, I avoided religious discussions.

I was at the time engaged in the practice of medicine, and had been continuously for fifteen years, and was generally considered by friends and by the medical profession successful as a practitioner. Though the moral precepts of my parents were good, I wandered therefrom and acquired habits and appetites that were neither becoming nor profitable.

I first opened "Science and Health with Key to the Scriptures" on the night of June 14, 1899. I did not merely read it; I studied it. I read a few pages daily, devoting three or four hours to each reading, very thoughtfully considering every sentence, and I soon saw I was grasping its meaning. For many years, in all my studies, I had carefully marked all sentences of special merit, and subsequently referred to them and studied them thoroughly. I began this in reading Science and Health, but quickly found that each sentence deserved a mark.

Before this I seemed to delight in abusing Christian Science and its advocates, but I at once recognized that the morals taught therein were of the highest type. After reading the preface the first night, I began to think of God — a Something remote from my thoughts before. By the third day my ideas and habits were so radically changed that I announced to my wife that "Christian Science will be our only family medicine henceforth." I further announced to her that I proposed to discontinue the practice of medicine.

At this juncture the desire to read Science and Health was rapidly and constantly increasing, and I neglected a large part of my work on the fifth day to read it for seven hours.

It became clear to me that it was man's imperative duty to live the Golden Rule here and now, and I saw that man must love his neighbor as himself. I was being taught to behold the

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beautiful, the pure, the good in my fellow-man, instead of seeing the defects or errors, as I was so prone to do before reading this wonderful book. In a word, many errors were departing, and leaving me in a very positive and progressive fashion. I count all my losses gains, and the changes were painless and unceremonious.

During the first few weeks I was ashamed to speak of my convictions to others than my family. I kept my book hidden so that friends and patients visiting me might not learn of the investigations I was making. However, in a short time, solid conviction overwhelmed me. Following this, I kept Christian Science literature on my desk in plain view, and I began to talk to friends wherever I met them. I now needed a Bible, and bought one, and also began its study in this new light. I was about one month in reading Science and Health through, and gained in that month wisdom leading to more satisfaction and comfort than I had derived from all previous studies.

I was professor of bacteriology and histology in a medical college, also professor of chemistry and director of the chemical laboratory in another school. In addition to telling my physician friends of my reformation, I resigned these chairs, disposed of my library, microscope, surgical instruments, and drugs; in fact, I got rid of every thing I had that looked as if it belonged to a doctor's outfit.

No sooner had I made my acceptance of Christian Science known, than I was kindly invited to attend a Wednesday evening meeting, and all I heard at that meeting appealed to my reason as common sense. I was perfectly at home, and was made to feel so by those I met.

Two questions are often propounded to me in and out of the medical profession and by former patrons: First, Is there any money in it? Second, Can you heal disease? To the first question,

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I usually reply, God supplies all our needs. Christian Science is not a moneymaking proposition; it is a work of love. The average mortal looks with mystic awe upon the man animated with a purpose beyond the acquisition of money. To the second question I reply, Christian Science complied with, as set forth in the Bible and "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy, will heal disease of every phase. I try to show those interested that a knowledge of Christian Science and its healing influence can best be obtained through a conscientious study of Science and Health in connection with the Bible.

In conclusion, I desire to state that, in my short experience in Christian Science, I have witnessed the healing of many cases of disease, usually considered hopeless from the standpoint of *materia medica*. Neither pen nor tongue can ever express my gratitude for having been led into this Science, and I never could have accepted it had I not seen it was demonstrable and pre-eminently scientific. Though I resolved to give Science and Health a fair and just reading, I wanted it to be untrue, and my primary object in reading it was to write a paper denouncing Christian Science, which I proposed to read before a medical society. However, the paper has never been written, and in lieu thereof, I herewith tender this abridged statement of my experience.

A. L. H., Kansas City, Mo.

**TO ENGLISHMEN.**

In England, rightly or wrongly (except in isolated instances, the latter), there is a popular impression that anything emanating from America in the way of journalistic statements must be taken *cum grano salis*, and a very large one at that sometimes. Noticing that in the *Journal* the testimonies of healing and other demonstrations are, for the most part, American or Canadian, for the benefit of my fellow-countrymen

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who may be doubting Thomases, I write to give them a few personal experiences of Christian Science as a healing agent.

I am an Englishman, and a solicitor of the Supreme Court of Judicature in England, entered on the roll the 24th day of July, A. D. 1889, on which roll my name still appears, although I am now practising law in Canada. I suppose, therefore, I may lay claim to being probably the first English lawyer who has had the privilege of bearing testimony in these pages to the healing and uplifting power of Christian Science as set forth and expounded in the text-book "Science and Health with Key to the Scriptures" by Mrs. Mary Baker G. Eddy, who is one of the noblest manifestations of womanhood of the nineteenth century, the revered and loved authoress of a book which, if perused in its entirety, carefully, thoughtfully, and honestly, from beginning to end, putting aside, as far as possible, all bigotry, preconceptions, and prejudices, will do more for the reader thereof, physically and spiritually, than all the books he has ever read or can read, not excepting the Bible, for he will there find the interpretation of the Holy Scriptures, and his understanding will be enlarged and enlightened as to the truths therein contained. Let me say that all my life I have been a stanch member of the Church of England, and up to nearly two years ago a firm believer in *materia medica*. In my humble opinion, there is no *dissent* in Christian Science from the said Church of England, but an *ascent*, an expansion, a going onward and upward from the point where dogmatic teaching and theology leave off.

My experiences of Christian Science as a healing agent are as follows: —

Some eighteen months ago I accidentally overheard a conversation between two prominent citizens of this town. One of them, an old gentleman of seventy-eight years, was relating to the other how he had, by means of Christian Science, been cured of almost life-long sciatica, and also of angina pectoris, which

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threatened to end fatally for him. My curiosity aroused, I called on the healer through whose agency the truth had been brought home to the old gentleman, and the upshot of my visit was that I purchased the text-book, *Science and Health*, and read it. For over twenty years of my life prior to this, I had smoked tobacco in every form, although many a time I had tried to give it up, but the craving for it always broke down my good resolutions. Before I had read half-way through *Science and Health* *I forgot to smoke*. I did not give *it* up, it gave me up! I have never smoked since (now over seventeen months), nor have I had any craving or desire for tobacco in any shape or form, — in fact, I *believe* that if I now attempted to smoke, tobacco would cause nausea.

For thirty years I have been accustomed to the use of wine, spirits, beer, etc., both as beverages and for "medicinal purposes." In less than three months, without being treated in any way therefor, except reading the aforesaid book, and without any inconvenience to myself, all alcoholic drinks went out of my life.

From infancy I have been (in belief) a great sufferer from chronic asthmatical bronchitis and eczema, being treated without avail by many eminent English physicians for the latter complaint, amongst whom I might mention the great dermatologist, the late Dr. James Startin. Since gaining the slight understanding of Christian Science I now possess I have not had one attack of asthma or bronchitis, and have been free from eczema for nearly a year. For the encouragement of my English brethren who may not have the same advantages that we can claim on this side of the Atlantic in the way of Christian Science healers and teachers, I can assure them that all the above demonstrations have come about solely through a careful perusal of Mrs. Eddy's wonderful book, and also that I have never received any class instruction. Might I add in conclusion that although the physical healing in Christian Science to the human mind is a great and wonderful thing, it is only a fractional part of

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the many and unspeakable benefits, physical and spiritual, to be derived from the earnest and conscientious study thereof, and my advice to all those who read this is, *If you do not believe me or my statements, try it yourselves, and see who is wrong.*

*T. C. D., Toronto, Can.*

### **HEALED BY READING SCIENCE AND HEALTH.**

I have often thought I would give to the readers of the *Sentinel* my first experience in Christian Science and also my healing, which seemed to me wonderful and beautiful, for a world of sadness was changed to a world of gladness, and a life of suffering to one of health and peace and joy.

From childhood to the time of my healing, which, to me, included many weary, lingering years, I can scarcely remember a time when I was not taking medicines in some form. I was a great sufferer the larger part of the time. At last my health broke down entirely, and I lost all use of my back and limbs. My physician told me I would never be well again or able to work any to speak of. I had those who were called the best doctors in the city, but received little or no relief.

It was after a winter of great suffering, I being confined to my bed, that Christian Science first came to me in the form of a tract that a Christian Scientist who had recently become my neighbor left at the door. It came to my bed, and I read it wondering if it could be possible for me to be healed. I read and re-read this tract, and when my physician came I showed it to him and asked him what he thought about it. He told me it was the work of the devil. So I thought I had to give up what seemed to me my last hope, for I was getting worse all the time.

Some months after, the same lady gave me "Science and Health with Key to the Scriptures" to read, telling me it would

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heal me. I was then willing to try it. I was taking medicine every fifteen minutes, and was nearly hopeless. It was a bright, warm day, and I was lifted into a chair and drawn out onto the porch to get the fresh air. I could only read a few lines at a time, and had been forbidden to read at all. I was reading the preface when I saw very clearly that God did not behold my suffering and that He was a God of Love. I know I was healed that very instant. I laid the book down in my lap and listened to the music of those beautiful words: "God is Love." All had seemed sad before, that beautiful day was full of sadness; now it was all changed to joy. The birds all sang that same sweet song, "God is Love," and the winds seemed to join in the chorus. Every sound I heard seemed to repeat the same sweet refrain, until I forgot all my suffering and sadness and arose and walked about the house.

That very day I threw away all my medicine and dismissed my physician. Although that was seven years ago, I have had no occasion to use drugs as medicine in any form since.

In two weeks I walked as much as I pleased, still reading Science and Health and improving all the time; I felt as one walking on air. I gained in weight until from being a shadow of ninety-five pounds I reached one hundred and sixty-five pounds. Through the little understanding I had gained of this blessed Truth my husband was healed of two chronic diseases.

I wish to say to those who think the price of our literature is too high, that if I could not get another copy, there is no price on earth that would induce me to part with my Science and Health. Not mentioning the money paid for doctors' bills, I gave for one medical book \$3.50, for another \$6.75, and after studying these I found I had more diseases than before their purchase. For the small sum of three dollars I purchased a copy of Science and Health, and through reading it understandingly found I had no diseases. It always brings a feeling of pity when I hear any one say our text-book is too costly. Who would not give three dollars

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to be freed from all disease? I seemed to have all, or nearly all, the ills that flesh is heir to. I will not try to enumerate them, but one that I was made free from — one that had always been with me — was a pain on the top of my head. A weight seemed to be there, and the very slightest exertion would cause the most intense suffering, and the pressure would increase, with no relief. The doctors told me that I never would be freed, as my brain was too large for the space allotted to it, and that was what caused the pressure and pain. Soon after reading *Science and Health* I forgot I had a brain that was too large, for all the pain and pressure were gone. Oh, I can never tell how free I felt, with no pain, after so many years of suffering.

*M. M. S., Clinton, Ia.*

## **WHY I AM A CHRISTIAN SCIENTIST.**

I became interested in Christian Science, through the healing of a friend. My prejudice against religion was so strong that when "Unity of Good," the first book on Christian Science I read, was given me, I threw it down several times, and said, "This is too much religion for me, I cannot stand it." But my friend was healed by Christian Science, and I wanted to ascertain how it was accomplished. There must be something in it that I did not understand. My curiosity was greater than my prejudice, so I resumed reading the work. When I began to read "Science and Health with Key to the Scriptures," my prejudice did not last long. It appeared to have so much common sense, and so many practical ideas, besides being free from superstition, that it just suited me. I was not looking for healing, but for an understanding of the Principle of healing. Before becoming interested in Christian Science, I had been reading medical works on the digestion of food, and my stomach became so affected that I could not digest anything but the plainest kind of food. If I dared eat any luxuries, I could not sleep. I became a slave to my stomach. Before I was half through reading *Science and Health* I

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was free. My stomach was once my master, now it is my servant. I was cured of the belief that life is in matter, and depending on the heart, stomach, and lungs for existence, by the understanding that Life is God, and that God is Mind.

Science and Health is the greatest book that has been published in modern times, for it is the key to the Bible, and all the hidden treasures of life. I would not, if it were possible, relinquish my understanding of Christian Science for all the gold in the universe.

We often hear people who are in bondage to self and trying to get something for nothing ask, "Why could not God have revealed Christian Science to them as well as to Mrs. Eddy?" Why could He not have revealed the telephone, the phonograph, or wireless telegraphy to them, as well as to Bell, to Edison, or to Marconi? It was because they were not looking in the right direction. God only helps those who help themselves. We must use the talents we already possess if we wish to receive more.

When a person discovers or invents anything, he must first see the necessity for it. Then let him get away from self, out of the ruts and grooves that others have been working in; away from the seen to the unseen; from matter into Mind, and then thoughts of Truth will be manifest through him. It is useless for us to waste our time trying to discover something that has already been discovered, or finding fault with it because it was discovered by a woman, or by some other person.

No one can advance in any line, who is unwilling to take advantage of the progress made by others. Everything is governed by law, and the only thing that keeps us back is our ignorance of it, or our unwillingness to conform to it. If we wish to succeed we must take the world as we find it and adjust ourselves to our circumstances, whatever they may be. We can soon learn to control circumstances instead of letting

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circumstances control us.

It is just as much of a wrong to cheat ourselves as to cheat others. The law of right wrongs no one. The value of the book *Science and Health* is not in what it costs to print it, but in the amount of Truth and information it contains and the benefit it is to those who make use of it. When we take into consideration the amount of time and thought Mrs. Eddy devoted to writing it, the difficulties she encountered in having it published, the amount of persecution she has endured since writing it, no one with any appreciation of the Truth can think that the price is too high. This world can never repay the debt it owes her for discovering the Truth contained in *Science and Health*.

*J. W. R., San Francisco, Cal.*

## **BLOOD POISON AND OTHER TROUBLES CURED.**

I have long felt a desire to express my gratitude for and appreciation of Christian Science; but because I had no particularly startling demonstrations to relate, I remained silent. However, being out to-day with some ladies who are not Scientists, I saw and heard such expressions of weariness and fatigue over a few hours spent in the art galleries, that I returned to my home rejoicing in my understanding of Science, and prepared to study the Sunday lesson. Upon opening the *Quarterly*, I found that the lesson for the next Sunday commanded us so plainly to "Give thanks unto the Lord, call upon His name, make known His deeds among the people," that I immediately took up my pen to write down some of the blessings Christian Science had brought me. I never could write all. Seven years ago I suffered for one year most terribly with blood poisoning. Many physicians attended me without any permanent benefit. The last one sent me to a sanitarium. I could not stay there, and returned home disgusted with what I had seen and been through, when a Christian Scientist came and

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talked to me and loaned me her book for a few hours each day. I saw it was a good book, and purchased one for myself, and was perfectly healed by the reading of it. Old diseases of long standing disappeared with the blood poison. I had been ill much of my life, and was particularly subject to throat difficulties, — diphtheria, etc. I am in perfect health to-day and have been for six years. The relief from the load of fear I had dragged through life is beyond description, and the spiritual uplifting is even greater than the physical healing. My healing was speedy. I was enabled to demonstrate for myself by following Mrs. Eddy's book, "Science and Health with Key to the Scriptures." I thank God for His greatest of blessings, — Christian Science.

*G. G., Chicago, Ill.*

### **BENEFITS RECEIVED FROM THE STUDY OF SCIENCE AND HEALTH.**

It is just three years since I first heard of Christian Science. From 1888 to 1897 my health had been very poor. During this time I had been searching for a religion more in harmony with my view of the teachings of the New Testament than the religion of my birth, and had with this end in view investigated the creeds and tenets of many churches, sects, and religious societies. In pursuing this search I borrowed, in August, 1897, a copy of Science and Health. In October, I bought a copy and began studying it in connection with the Bible. While studying it, my health gradually but certainly improved; attacks of inflammation of the lungs, bronchitis, and catarrh, to which I had been subject every winter, ceased, and have never returned.

Having spent some time in the study of pharmacy and *materia medica*, you may imagine with what surprise I read this in "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy, "The perusal of the author's publications heals sickness constantly." I had been taught by years of schooling that drugs

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were man's God-appointed healing and curative agents. Although doctors and drugs had failed to restore me to health, and although I had seen that medicine as practised was in no sense scientific, yet my faith in material means had not been destroyed, for I still believed that there was some *thing* (perhaps as yet undiscovered) possessing the necessary therapeutic properties to effect a cure.

Three years' immunity from such diseases tends to prove that the proper remedy has been applied. This remedy, applied understandingly, has healed and will heal these diseases in others as certainly as it has in me. It has healed and will heal all other diseases as surely as it has these.

So deeply was the Truth buried under the rubbish of man-made doctrines, human theories, and material beliefs, that we sometimes wonder that its discovery was possible. Under *materia medica* we believed man's health was largely dependent upon food, climate, drugs, physicians, etc., but Christian Science is freeing mankind from this absolute dependence upon the material and personal by establishing his confidence and trust in God as "a present help in trouble."

As a beneficiary of this Science — this *Christian Science* — I owe a debt of gratitude to its Discoverer and Founder, who by her self-sacrifice and superhuman love was enabled, first, to attain to an understanding of this Truth, then, to reduce to human comprehension this Science of Spirit, couch its exposition in simple language, embody its complete statement in one volume, and place it within the reach of all who desire it.

*G. A., Toronto, Can.*

## **HEALED BY READING SCIENCE AND HEALTH.**

It is nearly four years since Christian Science was brought

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to my notice by the miraculous (as it seemed to me then) recovery of a friend who had been an invalid for several years. She lent me "Science and Health with Key to the Scriptures," and rather timidly (as she knew I was not at all religious) suggested my reading it.

The book seemed to rend me. However, I could not lay it down. I devoured it, and thought it the most powerful work I had ever read.

I had suffered for nine or ten years from a very troublesome and painful disease in my throat, and had tried every remedy. The late Sir Morell Mackenzie and many other specialists told me that it was incurable, and the only way to keep the disease in check was to have my throat cauterized every three months. This caused me very great pain. I had, however, given up worrying about it, for I thought, "What can't be cured must be endured." To my intense surprise, shortly after beginning to study Science and Health, I felt that my throat was perfectly well, and from that time till now I have not felt it.

I am able to read aloud for hours at a time, and sing, which formerly I was quite unable to do. This healing has been a very great comfort to me, for it has enabled me to work entirely in the Master's vineyard with a joyful and grateful heart. I am indeed grateful to Mrs. Eddy for the wondrous light that she has been the means of shedding upon us. It is now my privilege and joy to take the same truth to others who are equally in bondage, either physically or mentally.

*F. C. F., Manchester, Eng.*

## **TOBACCO AND LIQUOR HABITS DESTROYED.**

With a grateful heart I acknowledge the multiplied blessings I have received through the teachings of Christian Science and

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the study of the text-book, "Science and Health with Key to the Scriptures." My wife's thought had been earlier directed to Christian Science for a chronic affection of the eyes, and seeing the benefit she was deriving, although entirely uninterested myself in the work which was bringing out happiness where for years misery had reigned, I wished to help her with a copy of this text-book, which I accordingly procured. This, for me, proved to be "God's opportunity," for with what, from a human standpoint, might be called curiosity, but which I now recognize as the prompting of divine Love, I opened the book and glanced at its contents. From that moment my journey out of material belief into spiritual understanding commenced. Having tasted of the water of life, I thirsted for more. The scales began to fall from my eyes, and I was learning that "Man is spiritual and not material" (Science and Health). I then experienced a pleasure in the study of the Scriptures that I had never known before. Its precepts, illumined by the (to me) new thought revealed in our text-book, began to destroy the error of mortal sense almost before I realized it.

I had been a tobacco smoker for upwards of twenty years; nothing but the very strongest mixtures and brands seeming to satisfy this so-called taste. It was entirely destroyed within four weeks from the time I first saw Science and Health; and although two years have passed I have never had the slightest desire for tobacco in any form since. For even a longer period I had been addicted to the use of intoxicating drink and profane language, with social habits in organizations that kept me from home four or five nights in the week. These also have been destroyed through the application of the Truth taught in this remarkable book. My thought, actions, and aspirations have turned in a completely opposite direction. My home is harmonious, my business has lost its worry, and things that I once thought of the highest importance to my prosperity have now lost their force. My one desire is to "press toward the mark for the prize of the high calling of God in Christ Jesus," earnestly striving for that

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mind to be in me which was also in him.

For the light that I have thus far received; for my earnest desire for a clearer understanding of God (Good) as the only mind, and of my relationship to Him; for the certainty I have that perfection will eventually be reached if I am faithful, — for all these blessings I realize that I owe endless gratitude and love to the Discoverer and Founder of Christian Science whose exalted thought, holy life, and incessant toil fitted her to be the recipient of this revelation, and who, being led by divine Love, has given it to the world in such a form that "the wayfaring men, though fools, shall not err therein."

*T. D. B., New York, N. Y.*

**LAMENESS CURED.**

Ten years ago my wife became interested in Christian Science, and from that time the book Science and Health has been in our home. I now regret that for a number of years I had not the interest to read it.

I had been troubled for more than a year with a lameness caused by over-lifting, which seemed to grow steadily worse. One evening about two years since I was suffering acutely, and Science and Health being among other books on the table, I took it and read perhaps two hours, and when I arose to retire for the night every vestige of lameness was gone, and has never returned.

I had not at that time heard of healing by the reading of the book, and asked if it were possible that it could be done in that way. My wife said it was not an uncommon thing. My interest in Christian Science was awakened. All the talk had failed to interest me, for it had been to deaf ears and an unwilling mind. This physical healing set me to thinking, and I wished to know

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what the power was that could heal through awakened thought. I began to attend the church services, and to study the Bible and Science and Health, and now I know it is the healing power of the word of Truth taught and demonstrated by Jesus.

It is not alone for physical healing that we hold fast to the teaching of Science and Health, but for the spiritual uplifting and strength that enable us to demonstrate over the daily temptations of life.

A child, in explaining the verse, "The Lord giveth and the Lord taketh away," said that the Lord giveth good and taketh away evil; and blessed be the name of the Lord that he has given to this age this great good, and through Science and Health has shown us the way to overcome the world and all evil.

*W. R. P., Providence, R. I.*

### **A PHYSICAL WRECK FOR SEVENTEEN YEARS.**

My husband, Rev. G. H. H., has closed a twenty-five years' service as chaplain of the Michigan State Prison. I accompanied him in his labor of love, being carried into the institution in his arms, not having been able to sit up all day for eight years.

The clinking of the keys, as the keepers unlocked and locked the doors to take the men to and from their cells, so wore upon me that I had to be taken away. I spent much of the time at sanitariums and with doctors, but continued to grow worse. I was a physical wreck from nervous prostration. This had held me in bondage for seventeen years.

Twelve years ago I heard of Christian Science. A lady, not a believer, loaned me her Science and Health, saying, "Do not buy the book, for it is nothing but spiritualism." I had not been able to read for many years; could not even hold a book open without

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## **SCIENCE AND HEALTH (1902 edition).**

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great distress, but I read in this precious book a few moments at a time. I began to improve before the first page was finished; soon I could read all day. Since then Science and Health, and other writings of Mrs. Eddy, and the Bible, whose pages have been so illumined, are indeed my meat and drink.

After a few weeks I took a class in the prison Sunday school; some of the worst men, so called, have come to my class. Some have been healed of sickness, and some of sin. One of the employees of the prison said to me, "Mrs. H., if you had never done another good thing in this prison, you are well paid for the good you have done H., who was always in trouble until he came to your class; and, if I may, I should like to join your class. I wish we might have Christian Science in all our prisons." I shall soon leave this field of labor as the chaplain's wife, but shall retain my class as long as I remain in the city.

*E. C. H., Jackson, Mich.*

## **CONVERTED AND HEALED.**

I have always disliked the idea of being a human sponge, — always absorbing, and never giving out to others except by the process of squeezing. For over two years I have read the *Journal*, and received great benefits, and now I want to do my part.

In a way I have always desired to live a Christian life, but my manner of living gave little evidence of any such intentions on my part except to a very limited extent.

A cousin told me of the beautiful Truth revealed by Christian Science, but I was not receptive. Finally in May, 1895, this cousin healed my daughter's eyes of astigmatism and gave her a copy of Science and Health to study. My wife and I felt it our parental duty to read the book first, to see if it were altogether a proper one for a young Christian girl to read. We knew, of course, that

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the cousin would not place in her hands an improper book, but we held the popular idea of Christian Science, and thought it our duty first to see what the book contained.

Loyal Christian Scientists know what we found. Those in our old thought do not know, and I want to tell them that between the covers of "Science and Health with Key to the Scriptures," we found the grandest conception of God, the most intelligent explanation of Christ's life, his teachings, and his works, and the highest ideal of manhood ever brought to our consideration, and for the first time in our lives did we seem to get that spiritual food, that bread from heaven, for which we had hungered.

When we began reading Science and Health one Sunday afternoon, I was wearing glasses for astigmatism, and had been obliged to use them for nine years. It was one o'clock Monday morning when we laid down Science and Health to retire for the night, and I have had no occasion for my glasses from that time to this, nor has my daughter ever used, or had occasion to use, hers.

When we began this beautiful, interesting, and highly profitable study, my wife was suffering with consumption, the final culmination of fifteen years' sickness, for which we had tried everything, and had finally settled down upon what is generally conceded as the "last chance," — whiskey and rock candy.

During the first year, by the constant study of the Bible and Science and Health, she was practically healed, and none but those who have been through these experiences can know or appreciate our present joy and happiness, the result not of the physical demonstrations only, but of the spiritual benefits that have come to us all, and to me more than any other member of our family, because I needed more this healing of the errors of sin. I can never tell from what I have been freed. If Mary had seven devils, I must have had a "carload;" and now I want to pull

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up all the weeds I have planted and get all the wheat into the ground I can before the harvest-time.

I have tested Christian Science in many of its varying applications, in business, and in financial matters, and to all I say, Seek Truth and pursue it, for Jesus said: "If ye continue in my word ... ye shall know the Truth, and the Truth shall make you free," and with a freedom, dear reader, of which but few have ever dreamed.

Three dollars invested in a copy of Science and Health will be found the greatest financial investment of your life.

*I. C. H., Chicago, Ill.*

**A WONDERFUL DEMONSTRATION.**

I have expressed my gratitude many times at our Wednesday meetings, and there is scarcely a day passes that I do not tell some stranger of the great benefits I have received from Christian Science, having been healed through the reading of "Science and Health with Key to the Scriptures."

It was fourteen years ago last February that the good news came to us of several persons who had been healed by Christian Science. For about seven years I had been deformed from a dislocated hip and curvature of the spine. The physicians said I could never be any better, and that they thought a great deal had been done for me in preventing an abscess from forming, telling me what a terrible thing it was. Walking much would cause a soreness in the joint, and some days I could not walk at all. In addition to this, I had what the doctor called ulceration of the eyelids, with which I had been troubled since having the measles when three years of age, and almost every spring for two or three weeks I could not open my eyes, the suffering being so severe. After hearing of the work Christian Science was doing, I

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wasted no time in going to see the Scientist who had started the work in our city, Grand Rapids.

My interview with him was not satisfactory, as he would not promise a cure, but tried to explain to me; but I could not, or would not, understand. I confounded Christian Science with faith cure, and thought that not to be willing to promise showed a weak faith, and I would not take treatment.

My mother was with me, an invalid for several years, and did not feel as I did about it and was treated. She was relieved after the first treatment and bought Science and Health. I knew she got the book, thinking I would read it. As days went past and she saw I would not, she tried to read it to me, but I would not listen. Finally I thought I had better read the book and find out what it was I was antagonizing. So I started to read Science and Health, as a critic, but I am thankful to say that I never criticised one word. I read the book for several days, then told my family that I was a firm believer in Christian Science, and if I were not cured, and never saw any one cured, it would not change my thought, for I knew that the fault would be with persons and not with God, the Principle.

I felt it was a revelation, and I loved the author. I could not believe that God saw all the suffering in this world and had power to prevent it, but for some good reason did not. We were told we must love this God, and believe He was good, we must also believe that He was all powerful, and that it was His will that every one should be saved, that He governed the world, and yet the sinful seemed to flourish in all ways, and to drag a great many down with them, while the good were prevented from doing God's work on account of illness. How different from the teachings of Jesus!

Can it be wondered that I accepted Science and Health as a revelation, when it took me out of such darkness? I did not think

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### **SCIENCE AND HEALTH (1902 edition).**

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about myself when reading, whether I should be healed or not, until one day about two weeks after I had begun reading *Science and Health* I had a severe pain in my hip joint. It was so severe for a few seconds that I could not move. I had never had anything like it before, and when I got up from my chair I knew that the joint had slipped in place. The demonstration was complete. Since this time I have had no trouble with it whatever.

*A. H. H., Baltimore, Md.*

### **TOBACCO AND LIQUOR HABITS DESTROYED.**

It is nearly four years since I became interested in Christian Science. A friend gave me some Christian Science literature and asked me to read it. I did so, but as I had always possessed good health I paid very little attention to it. My friend continued to give me literature from time to time. One day my eye caught something in the *Journal* that seemed to me to be sound common sense, and by reading a little more I learned that Christian Science was quite different from what I had thought it to be. My friend then loaned me "Science and Health with Key to the Scriptures." I set to work to find out all I could. I had not read it very long before I pronounced it the most wonderful book I had ever seen. Well do I remember how I enjoyed reading that book! I could not have been more interested and delighted over a gold mine had I discovered one, and to-day, after nearly four years of patient and persistent study, it is worth to me more than all the gold the world has ever seen or ever will see.

Before I began the study of Christian Science my custom was to sit down every night after supper with my jug of beer, my pipe, and my newspaper, and read and smoke and drink until it was time to go to bed. I commenced to read *Science and Health* in my usual way, with my pipe and jug of beer, and would sit reading until morning. Often I went to bed just because I thought I had read enough for one night. After I had been reading

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Science and Health about a month my wife informed me that my beer was nearly gone and I had better see about getting another barrel. I told her that I thought I would not get any more beer. I wanted to get a copy of Science and Health of my own instead of the beer. She said I could please myself about it, but told me it was foolish of me to think I could get along without the beer, when I had used it over thirty years, and had proved that I could not get along without it.

About a year previous to this I had made up my mind to stop drinking, and did not drink anything for over six weeks. The result was that I lost flesh to such an alarming extent that I became frightened and commenced drinking again. I soon regained my usual weight. My wife knew this and used it in support of her argument. I admitted the fact, but told her my mind was made up to buy Science and Health and let the beer go, that I should now prove the truth of what I had been reading. I bought the book in place of the beer, and the result is that instead of losing flesh I am to-day thirty pounds heavier than I ever was before. My pipe was consigned to the stove about the same time, and now for over three years I have neither smoked nor drank, nor do I have the least desire to do so.

I love and cherish that book more than any other earthly possession. It has taught me to love and enjoy the beautiful. It has made me a happy man. I have put in use what little knowledge I have. I have treated many persons with good results. I have never had class instruction. My teacher has been Science and Health. I take the *Journal* and *Sentinel*, and how I do long for their coming.

One case that I treated was that of a boy who had a cataract on each eye and was to have an operation. In less than three months his eyes were perfectly healed and his sight restored.

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Another case was that of a lady who wore glasses for years. In less than six months she could and can now see to sew the finest work without glasses.

*D. D., Barre, Vt.*

**RELIEF FROM INTENSE SUFFERING.**

From birth I had curvature of the spine and contraction of the cords in my feet. My toes were drawn under so I could not straighten them, which made it painful for me to walk. My sufferings were intense. I had tried to get relief until I felt that it was folly to try longer.

A friend came and told me what Christian Science had done for her. I knew her suffering had been great, and when I saw how well she had become through the power of Truth I took courage. I began reading "Science and Health with Key to the Scriptures," and in a very short time the light of understanding broke in upon me, and I passed out of the wilderness of sense into a knowledge of the truth. In six weeks' time I became a strong, healthy woman. My spine is straight and I have no contracted cords. I cannot express the half of the joy I felt when I knew I was free.

Now we are rejoicing over a little daughter whose birth was a wonderful demonstration of the power of Truth and Love. My husband and his mother were all that were with me, and to their great astonishment I was delivered without suffering. I arose and walked around the room the first day, and felt as well and strong as ever. It was so different from the time our other daughter was born. Then my suffering was terrible, and for months I was helpless. But now the thanksgiving and rejoicing that is felt in our home is more than tongue or pen can describe.

*A. E., Mason, Mich.*

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### A TESTIMONY FROM SCOTLAND.

It is with a very deep feeling of gratitude and love to God, and our Leader, Mrs. Eddy, that I make this attempt to express what Christian Science has done for me. To express it fully is well-nigh impossible, so manifold are the blessings that have flowed to me since first this great Truth began to shine into my consciousness.

In the year 1895 I first heard of Christian Science, and became interested. A copy of "Science and Health with Key to the Scriptures" was loaned to me and I began reading. Before the end of two months I found that by reading, I had caught a glimpse of the truth contained in that wonderful book, and had been healed of insomnia of five years' standing.

It is difficult now to remember the number and variety of physical ills which constantly afflicted me, but I remember that every sort of medicine found its way into my home, and that doctor's and chemist's bills were important items in the family expenditure. Since that time, five years ago, these have been conspicuous by their absence. We have had, amongst the little circle interested here, many beautiful demonstrations, proving to us that the protecting power of Truth is with all those who are truly recognizing the omnipresence and supremacy of Spirit.

Among the cases which have yielded to Truth, I may mention, blood-poisoning, anemia, toothaches (in one instance, the extraction of a "live nerve" of a tooth without pain), burns, severe chronic nervous and bilious headaches, neuralgia, feverish colds, influenza, inflammation of the eyes, epilepsy, chronic rheumatism, sciatica, and rheumatic gout. Short-sightedness has also been cured and the eyeglasses laid completely aside. But it is in the more radical healing from sin, — in the destruction of selfishness, and of all that claims to make man unlovely and unlike his perfect origin, — that the great work of Christian

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Science really lies, where the grand hope of its work for the race is to be found. For, in showing man *how* to free himself from sin and its consequent sickness, by revealing to man his perfect unity with his divine Principle, God, Christian Science flings open the gates towards the realization of that condition which our Lord said was to be found within us, *here* and *now*, — the kingdom of heaven.

*C. F. R, Banff, Scotland.*

### **DESIRE FOR LIQUOR AND TOBACCO DISAPPEARED.**

I first heard of Christian Science four years ago. At that time drinking and smoking were my comforters. I had no other companionship. I had lived almost constantly from childhood in an evil atmosphere. Though I was far from being satisfied with my condition, I failed to see how to better it until I read Science and Health. I used occasionally to listen to a sermon, but sermons did not give me any more comfort than I derived from my pipe, hence I concluded that church-going could not satisfy me and I preferred drinking and smoking. When I began to read Science and Health I saw it offered something substantial. After a few months' study all desire for drinking and smoking disappeared. I did not give them up; I made no sacrifices, I simply found something better. I might mention that I had smoked ever since I can remember. I used to smoke years before I left school, and, like most Englishmen, loved my pipe, and would almost prefer to miss a meal rather than to go without my smoke. I used to think it gave me comfort.

During my four years' study of Christian Science I have not spent a cent for doctors or medicine, neither have I lost a day from my work on account of sickness, which compares wonderfully with the previous four years. I take a great interest and pleasure in reading the Bible and studying the lessons in the *Quarterly*. The Bible used to be a most mysterious book to me,

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but Science and Health makes it a most precious book, making its meaning clearer, plainer, and simpler.

I take this opportunity to express my gratitude to Mrs. Eddy and to the friend who invited me to attend the service held in the Auditorium four years ago. I also wish to acknowledge the benefit I have had from the *Journal* and the *Sentinel*. They have helped me wonderfully. If the value of Science and Health and these publications were measured as business men value things, by the results or benefits they bring, they certainly would be priceless to me. It would be impossible to measure their value, as I have got something from Science and Health that all the money in the world could not buy.

*H. P. H., Chicago, Ill.*

## **HEALED OF HERNIA AND OTHER ILLS.**

I did not come to Christian Science for physical healing. I had been a church member for a number of years, but was not satisfied, and was always looking and searching for something different, something I could understand. I attended a Christian Science service more out of curiosity than anything else. It did not make any special impression upon me at first, but I felt that I wanted to go again. After attending the services a few times I became interested enough to visit the reading room and talk with those in charge. I soon felt it was the Truth and what I wanted. I procured a copy of "Science and Health with Key to the Scriptures," and at once became deeply interested in it. Before I had read it through the first time I was healed of hernia, which had been a great trouble and annoyance to me for sixteen years. I have since been healed of many ills, among them sick headache and indigestion which I had had from childhood. I have also laid aside glasses which I had worn for eight years; I have not had them on for nearly two years, and I read and sew and do anything I need to do without them. I feel that I cannot begin to

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express the benefit that Christian Science has been to me both physically and spiritually. I know my whole life has been made happier by it. I certainly feel very grateful to our Leader for showing us this blessed Truth.

*A. H. S., Jacksonville, Fla.*

**HEALED BY STUDY OF SCIENCE AND HEALTH.**

Although Christian Science had been known in our home for five years, I did not feel inclined to study into it until I thought it was my duty to do so, on account of the statement frequently made to my daughter by a member of another church, that the devil was in Mrs. Eddy's book, and that the devil was doing the healing. I told my daughter that I should study the textbook, and if I found anything wrong in it she would have to give it up.

It was a little over one year ago that I began the diligent study of Science and Health, but instead of finding something of the devil in it, I found Jesus and religion again, — that which I had neglected for many years. That alone was a great gain for me; but soon I found my old ailments were leaving me. First, asthma of twenty-five years' standing, then a rupture of ten years' standing. What seemed most wonderful of all was, that my left arm, which was dislocated forty-two years ago and never set in place, commenced to pain me in the shoulder-joint one night, and next morning I could move my arm any way I wanted to. Previous to this I could hardly raise my hand higher than my ear.

Afterward my eyesight improved, constipation and indigestion left me entirely. Although I had been a moderate drinker and smoker, I lost all desire for both drinking and smoking; and minor ailments left me.

I am nearly seventy-four years old, and I feel as strong as I did fifteen years ago, and am in perfect health, more peaceful

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and contented than ever before. Therefore I cannot feel thankful enough to God, and also to Mrs. Eddy, the Founder of Christian Science.

*J. F., Leadville, Col.*

### **CANCER CURED BY READING THE BOOK.**

On the Fourth of July, eight years ago, I was lying in the hospital in Baltimore, Md., in charge of the doctors, and suffering from a cancerous growth on my breast and under my arm. On this Fourth of July, 1900, I tell it with joy, I am free from all doctors, free from all drugs, free from all medical care.

About four years ago, when on my return from San Francisco to Salem, I asked a lady in the car to raise the window for me, which she kindly did; she then asked me what was the matter with my arm. I told her. She asked me if I had ever tried Christian Science. I told her I had never heard of it before, but the name of Christian Science sounded very beautiful to me, and I should like to know something about it. She then told me of her mother who had been an invalid and was confined to her bed for eight years. She was pronounced incurable by several doctors and given up to die. As a last resort a Christian Scientist was sent for, and with one week's treatment her mother was restored to perfect health. It had been five years since her mother was healed, and they had not employed a doctor since.

The very moment that lady named Christian Science, I knew it was what I was looking for; I could not grasp it quickly enough. While she was repeating the story of her mother, the thought came to me very forcibly, "There is help coming to me, for God is no respecter of persons. If He heard her mother's cries He will hear mine also." The thought of help coming to me never left me, so great was my faith in the ever-loving Father. A short time afterward I read "Science and Health with Key to the

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Scriptures," and was perfectly healed without a single treatment.

About one month ago I received a letter from Doctor H., surgeon-in-chief of the Johns Hopkins Hospital, Baltimore, Md., where I was a patient eight years ago. He desired to know how I was getting along. He said, "If you are not able to write yourself, ask your physician to write for you." But thanks be to God, who has given me the power and the strength to do my own writing, even without the aid of glasses. I was sixty-seven years old January last, and wore glasses constantly from the age of fourteen up to a few months ago. Since then I have done all my reading, writing, and sewing without glasses. My heart is overflowing with love to God that I have been healed by Truth and am gaining the light of Christian Science.

I cannot tell the number of physicians at the hospital who pronounced me incurable and a cripple for life. Before leaving the hospital, the head nurse referred me to the best so-called surgical doctor in the house. I asked him if he thought I would recover. He shook his head, saying, "Your age is against you." I then asked if he thought I would have the use of my arm again. He placed his hand on the top of his head, and said, "You will never do this." The day I was healed the first thing I did was to lift my arm over the top of my head. My arm has been in a normal condition ever since, and my health is perfect.

Had I known of Christian Science before I went to the hospital I never would have submitted to the knife. For four long years after passing through this severe surgical operation, I suffered intense agony day and night. I went to bed every night with a pillow under my arm, but did not know what it was to have one restful night. While my friends were sleeping around me I was either walking the floor, or on my bended knees, asking God to relieve me of my suffering. I used to think I prayed as earnestly as others did, and thought my prayers were acceptable unto God, and sometimes I wondered why God did not hear the

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prayer of His humble child, for I was willing to sacrifice everything to get relief, but I lacked the understanding that God has given me through Christian Science. I cannot express my gratitude to our dear Mother for the light of Christian Science. I shall try to work more earnestly for our glorious Cause in the future than I ever have in the past. My greatest desire and my prayer is that my life may be a shining light for the glory of God.

*A. J. A., Salem, Ore.*

## **SCIENCE AND HEALTH A PRICELESS BOON.**

Divine Love led me to investigate Christian Science three years ago, through the healing of my wife of many so called incurable diseases. After one trip of several months made with her to distant cities to see specialists and be treated by them, — with sanitarium, trained nurses, and doctors' bills amounting to twenty-seven dollars per day for the trip, — we returned home with her. She was still diseased in mind and body.

Following this trip were months and years of almost constant suffering; new doctors, new scenes, and new places were visited, none of which brought any relief, till God — Good — sent an angel of mercy to voice, silently and audibly, His Word to her through the understanding of Christian Science; when, lo, after about four weeks, we saw her in perfect health, mind and body restored to their normal conditions. This transforming process caused me, an avowed agnostic and rank materialist, to investigate this mysterious something that could change so wonderfully, and so marvellously banish disease, discord, sorrow, and suffering.

Taking up the study of Christian Science through "Science and Health with Key to the Scriptures," with only the thought of knowing something of what it was that could do such marvellous things, I became engrossed in the study; and God revealed

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Himself to me through the words of this book, and while I had never for one moment dreamed of being healed of what I thought were my incurable maladies, I suddenly realized that rheumatism of twenty-five years' *tormenting* was entirely healed; lameness was gone, and the desire for alcoholic stimulants completely blotted out.

From darkness to light, from despair to radiant hope, from impurity to purity, from hell to heaven, has been my transit through the understanding of Christian Science. Knowing God as Love, I have proven His presence in many instances; healing joints that had been stiff and rigid for years; a case of total blindness; a case of dropsy pronounced incurable and ready to pass on, by the doctors; neuralgia of long standing; indigestion; heart-trouble; diseased eyes; and many other conditions.

For this great good and these inestimable privileges, could all the wealth revealed, or still hidden in the bowels of the earth, and in the depths of the sea, buy from me the priceless pearl found in the Word of God, whose store of wealth has been opened to me by Science and Health? I answer, No. Is three dollars a big price to pay as an entrance fee to that state of consciousness known and recognized as peace that passeth understanding? No, a thousand times no. Not many years hence she whom God has authorized to reveal to this age, and to all ages, His word will be loved and revered by countless millions. Those who to-day scoff at Christian Science will be glad to say, "Make me as one of thy hired servants," "a doorkeeper in the house of my God," for it has, under God's direction, taught us to know something of Him, and if we faithfully follow its leading and teaching it will be given to us to know God as eternal Life.

Should this article come to the consciousness of one struggling against the full acceptance of Christian Science and *all* that it teaches, let me say to such an one, Become as a *little child*, and divine Love will lead *you* to the light that is never dim.

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Let this angel visitant come in and sup with you; then, like Jacob of old, wrestle with the claims of error and evil, and "each victory will help you some other to win" until you will know that you are on the Rock, Christ — Truth.

*E. H. C., Atlanta, Ga.*

## **SAVED FROM DESPAIR.**

Only three short months ago I was a scoffer at Christian Science, with a profound pity for those deluded souls who believed that it was demonstrable. I found myself at that time engulfed in despair, with no faith or hope to cling to, and longing for death to release me from a life out of which all sweetness and fragrance had vanished. Under those circumstances, without a scintilla of faith that Christian Science could reach my case, I, like many others, turned my weary gaze toward it and found in it rest, comfort, and peace, as in the shadow of a great rock in a weary land.

"Science and Health with Key to the Scriptures" is a priceless book, explaining, clearly and logically, all the problems of life. It quickens our understanding and reveals our kinship with God and Jesus Christ. Where we have before seen as through a glass darkly, the clouds of mysticism and unbelief are rolled away, and we stand face to face with new and beautiful truths. It brings a calm and holy peace to sorrowing hearts; it levels all rank, and in its effulgent rays we see in every man a brother. When we shall have entered into a full understanding of it, we shall as heirs of God appropriate to ourselves from His wonderful and inexhaustible storehouses all that we need to make our lives one glad, sweet song.

To follow in the footsteps of our Master means work. There must be no sluggards, for the harvest is ready and there is work for all, — a daily taking up of the cross; but when we have found

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the true way the burden will be light and the yoke easy. God's love belts the universe, and a glance toward the coming years gilds my belief that love for God and our neighbor will be mightier than modern artillery in settling international questions; that nation will no longer war against nation, and that credit for such beneficent results will be largely due to Christian Science.

*N. B. H., Georgetown, Mass.*

**READING THE BOOK CURED DISEASE.**

It is over two years since the writer penned her first note to the field, telling what one year's study of Science and Health had done for her. That first testimonial was never sent. Page after page was filled, until it dawned upon her that if all she felt was to be incorporated in the "note," the publishers would be compelled to issue an extra supplement for her particular benefit. Then came to her the realization of the powerlessness of material means to express fully the thoughts that burn upon the altar of a contrite and grateful heart. Deeds must take the place of words. Since then my quiet and humble efforts in God's vineyard have been greatly blessed. I was healed of numerous diseases pronounced incurable, by simply reading the book, Science and Health. To show that it was not blind faith in the book, its author, or in the person who loaned it to me, I will add that I did not know any one had ever been healed through its perusal. The healing was so gently done that I was well for several days before I fully realized it; the fact was noticed by my husband, whose attention was aroused by seeing me eat various articles of food previously shunned as so much poison. I was conscious of nothing but perfect harmony of mind and body. I had no Bible, because I was then an ardent admirer of Ingersoll. But the chain of mental, moral, and physical ills melted before the divine voice of Truth spoken through Mrs. Eddy's book, and I was free. I never analyzed or denied a single statement, mentally or audibly, as I was constantly in the habit of doing when reading other

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## **FRUITAGE.**

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literature. I imbibed the inspired words as a dry sponge absorbs water. The blessed Science never seemed "hard to understand," because, from the first, I loved it, and loved her who gave it to a starving world. My prayer now is that I may become worthy to call her "Mother."

With Science and Health for my only guide and teacher, I was in a few months able to destroy sickness for others.

*C. D., De Funiak Springs, Fla.*

### **READ SCIENCE AND HEALTH AND WAS CURED.**

As I feel that some who are just beginning to study the Christian Science teachings might be interested, I would like to relate some of my experiences in commencing the study of Science and Health. Here let me say that I had never believed it possible that the mere reading of a book could heal the sick or produce any effect beyond informing and improving the mind of the reader, and I ridiculed the idea of any more tangible results being possible. Though, like thousands more, I believed that "Truth is mighty and will prevail," still I had, as it were, placed bounds to its might commensurate with my own restricted mental horizon, not realizing, in my ignorance, that Truth is *Almighty* and must prevail ultimately over *all* error.

I had been for many years in the habit of smoking more or less frequently, although always in moderation, but was very fond of "a good smoke," principally as a "sedative " and "comfort" after business or other "worries." (What an extensive vocabulary we moderns make use of to express the different phases of mortal belief!) I began to read Science and Health early last December, and after reading a few chapters I found, about Christmas time, that I had suddenly lost all desire for my customary pipe or cigar, and have not smoked at all since then, although I did not remember seeing one word about smoking in

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## SCIENCE AND HEALTH (1902 edition).

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Mrs. Eddy's great work, as far I had then read, nor had I made any resolutions respecting giving up the practice. The desire simply left me entirely, and the very idea of smoking became obnoxious to me, so much so that when I travel on the steam cars, instead of boarding a "smoker," as I had been in the habit of doing, I seem to loathe the idea of riding in the polluted atmosphere amid the impurity which I had tolerated — and even believed I preferred — before.

This may seem a trivial matter to some readers, especially to those who have not studied the Science of Being, but to me it was a very real, and at first an unaccountable, experience. Concurrently with this also began a blessed sense of higher moral tone and a far grander and more complete conception of the being and attributes of God than I had thought possible after numerous attempts at forming a just or reasonable idea of our heavenly Father in accordance with the conventional beliefs of those denominated Christians.

I was at first puzzled to account for this, but now find that the secret of the power of Science and Health to accomplish seeming miracles lies in the fact that God is Truth, Power, Love, Purity, and all Good; and that the moment we realize the purity of Good, or the "beauty of Holiness," we naturally turn away from whatever is *impure* or *unholy*. I am far from being well informed on details of Christian Science doctrines, but feel that the knowledge I have already gained, as the result of only a few weeks' study of its teachings, is my most precious possession, and that to crown all, it is only the beginning of what I know will be revealed to me through the study of God's word with the new light thrown on it by Mrs. Eddy's works. I have no fear of finding that anything contrary to the spirit of Truth can have crept into these writings, as the truth of the statements contained therein is demonstrable Science, and the foundation is firmly laid on the "Rock of Ages." Truly it hath not entered into the heart of man to conceive what is laid up for us if we accept the Truth and follow

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its teachings.

*H. S., Manchester, N. H.*

### **HEALED OF MANY DISEASES.**

Last June I drove to the home of an acquaintance who resides in the country. Report said he could live but a short time. The wife looked anxious and worried. The man told me that he had been unable to work a day for more than a year, that he had not driven to town for six months. I told him about Christian Science, and asked him if he would read "Science and Health with Key to the Scriptures." He listened attentively and expressed a desire to read the book. When he spoke of weakness, I spoke of the Source of all strength, and the promise, "as thy days, so shall thy strength be." The next morning he began to read Science and Health and was perfectly healed without any treatment.

*Extract from a letter from this man.*

"I was, according to mortal belief, a sufferer for thirty-four years with heart trouble and diseased lungs with supposed accompanying neuralgic and rheumatic conditions. For five years prior to June, 1899, I was beyond hope of recovery.

"Words are not adequate to express my thanks to you for leading me to the light through this wonderful book, Science and Health. The Bible is a new book, full of life and hope.

"My wife and I have taken no drug of any kind since June, 1899, and we are both well and strong.

"A friend and neighbor borrowed my book, read it, and was healed of various complications, among them the liquor habit. He

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bought a book, and is an earnest student, goes to church with me frequently.

"I could name several demonstrations, — cuts, bruises, strains, healed almost instantly, by denial of error and the recognition of Truth as *all*.

"With ever-increasing gratitude to you for pointing the way to health and happiness through the author of Science and Health."

*M. E. W., St. Louis, Mo.*

**PLANTING.**

One day a few years ago an earnest Christian Scientist in a distant city invited a friend who was soon going to stay for a few months in a village in one of our frontier States, to spend the day with her. This friend had known a little of Christian Science, but was gradually losing all interest in it. In the conversation the loyal one urged the friend to take her Science and Health with her, and asked her to promise to read in it every day. The friend, not wishing to give the promise, turned the subject of conversation time and again; but the Scientist persisted in planting that seed, and finally obtained the promise. After the friend was settled in this frontier village, she called on two ladies whom she had known years before, and found one of them in a darkened room on account of her eyes. They had troubled her for years, and each year they grew worse. She said she had been to Chicago several times to have her eyes treated, and expected to go again in about ten days for the same purpose, and to have a surgical operation performed, as her eyes were only one of many ailments she was suffering from. She had eaten only toast and cereal foods for months. After she had finished her sorrowful story this friend told them she had promised to read a book every day, called "Science and Health with Key to the Scriptures"

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by Mary Baker G. Eddy; that many people had been healed by reading it, and if they were willing, she would gladly meet them every afternoon and read aloud. They assented, and the work began. When the ten days were up the lady said she was not going to Chicago at present. The reading continued during the summer. One by one the ailments of the afflicted one began to disappear; among them were dyspepsia, neuralgia, and nervousness, and her eyes improved. She did not go to Chicago, but continued to read Science and Health and was finally healed.

Other people in the village became interested, and from one case of healing that came from the planting of that one seed, over two hundred people were led to investigate and accept Christian Science. And that was only one branch of the tree. It has spread in every direction and gone forth to different parts of the country bearing fruit. If there is one thing more than another that has given the friend who made the promise and read the little book in that far-away village that summer, cause for rejoicing and expressing gratitude and thankfulness to God and Mrs. Eddy, it is that although the one who read, and the ladies who listened, long ago moved away from that frontier village, yet on the first Sabbath evening of the year 1900 they started a Christian Science service there, reading the lesson in the *Quarterly* and rejoicing that they had heard this great Truth.

*M. J. A., Boston, Mass.*

### **HEALED BY READING SCIENCE AND HEALTH.**

When Christian Science was first brought to my notice I was suffering from troubles caused by childbirth, and the doctor told me I must go to the hospital or I would never see another well day. The thought of going to a hospital was terrible to me, and I thought I would certainly go crazy if I had to go.

About two weeks later a friend asked me why I did not try

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Christian Science. I had never heard of it before, but said I was willing to try anything that would save me from an operation. She was not a Scientist, but said the lady that lived in the house with her was, and had been healed by Christian Science of nervous prostration, and I could see her and talk with her, and she would let me have some papers to read.

I was somewhat acquainted with Mrs. S. I saw her, and she told me I could be healed. She said she had Science and Health, and that I could take it to read during the evening, and she would have it during the day. As I read page after page, I felt as though it was all true, and that if I could only read the book, I would be healed without treatment, and I was. I had only read fifty pages when I realized I did not need to wear glasses. I had been a slave to them for fourteen years, and had suffered much with my eyes. I have not felt the need of the glasses since I put them away.

As I read "Science and Health with Key to the Scriptures," I felt better every day, and I knew the healing was going on. I could walk without pain, and could even run upstairs. I felt a new life and the world looked bright. I was glad I was living, and I felt as though I must fly instead of walk. As I continued my reading, my troubles left me one by one. Little evils I was not thinking about, as larger ones occupied my thoughts.

When I finished the book I felt I could truly say, "I am well," but the physical healing seemed small compared to the spiritual uplifting. The fears I had concerning my child, the fear of the diseases supposed to be a necessary part of a child's life, all left me. I knew they were not necessary, and as my fears left me his health began to improve. To-day he is a well, strong boy twenty-two months old. He eats anything, and lives out of doors. I have no fear for him, he is God's child, and God gives him perfect health.

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## **FRUITAGE.**

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I have Science and Health. It seems a new book to me every time I read it through, and I understand it better. There is much to learn, and one can never study it enough. It makes the Bible seem a new book. With the little understanding I have, I have been able to help others.

*W. A. M., Bucksport, Me.*

## **HEALED AFTER SURGERY FAILED.**

Eleven years ago last month Science and Health was brought to me. At that time I was a total wreck physically and mentally. I had not been well for over nine years. As a last resort I submitted to a surgical operation which was a complete failure, leaving me worse than before. Finally inflammation set in and the case was given up.

At this time a friend came and talked to me about Christian Science; two days later she brought me Science and Health. As soon as I began to read, the whole world seemed changed to me. I found God had made everything, and everything He had made was good, and that man was made in His image and likeness. This gave him dominion over the whole world.

I had thought that I should like to be a Christian, and had felt for some time that the God I thought about would make me whole, soul and body, if I could find Him. I often took my Bible to read, but I could not understand it enough to read more than a few minutes at a time; but after reading Science and Health every page is illumined.

When I think of my old life, it seems almost a blank. I feel as though I never had lived until I found Christian Science.

*S. E. B., Burlington, Ia.*

**COMPLETELY CURED.**

Less than a year ago my knowledge of Christian Science was limited to the newspaper reports which I saw occasionally, and which were generally of such a brief and unfriendly nature that they were calculated to lead one from instead of toward the faith.

I had been a sufferer from what the doctors called chronic gastritis and other stomach and heart troubles for a good many years, and I had taken all kinds of patent medicines and had been treated by a dozen different doctors, but I gradually grew worse. I had reached the point where I had given up all hope, had become greatly discouraged, and made up my mind that the end was near.

About that time a Christian Scientist, hearing of my condition, brought me a copy of the *Christian Science Journal*, and spoke a few words of encouragement to me. I read it and was eager to get more of the new light, but as I had been sick so long and unable to work, I did not have the means to get what I wished. A lady sent me a copy of *Science and Health*, and I began to study it. At first I was skeptical and doubtful, and for some weeks I pored over its pages blindly, when suddenly one day, after an unusually bad spell, the light burst upon me in a powerful flood, and the Truth opened my eyes as they had never been opened before. I threw away all medicines, pills, tablets, and cordials which I had relied on for years, and from that day, several months ago, I have taken no medicine.

I have been made better physically and morally, I have not suffered with the old trouble for months, have gained more than fifteen pounds in weight, and am completely cured. I can eat heartily of any kind of food now, whereas for years I had to be very careful what I ate, as almost any kind of solid food caused great suffering and distress. I thank God for the various means

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that led me into Christian Science. Life has a grander meaning to me now, and I feel that I have just entered upon the life spoken of by the Psalmist, where he says, "Depart from evil, and do good, and dwell forevermore." Although I have been a worker and a searcher in Christian Science but a few months, I would not take the ransom of a king for the security and peace I now feel. I would not take all the wealth of the world and go back into the mire of despondency. Oh, that the whole world, that mankind everywhere, would come to this fountain of spiritual knowledge and drink freely! How quickly we would be free from all fear, from sin, sickness, and death!

*G. R. S., Moline, Ill.*

## **SPINAL TROUBLE CURED.**

I was healed of spinal trouble which caused severe pain in the back of the head. I was suffering intensely when I chanced to pick up Science and Health in a lady's room. I had never heard of the book nor of its author, but I had heard the name Christian Science, and had asked what it was, but could not learn anything about it. The lady being out of her room, I took the book and began to read. I shall never forget the calm that came over me the few moments I read. The next day I took the book to my room and read all the afternoon, and that night I went to sleep free from pain for the first time in six years. The blessing that book has been to me words fail to tell. I was entirely healed and have been able to help others and lead them into the light. A child had the croup so that it could not speak, and its eyes were swollen and inflamed. The disease yielded to the power of Truth, and in one hour the child was singing, "Shepherd, show me how to go," as well as a baby of three years could sing.

*F. J. M., Danville, Can.*

**HEALED OF DISEASES.**

About two years ago Christian Science was brought to my notice through the healing of my wife. We at once purchased Science and Health. I became interested in its teachings, and when about half through the book, I lost my desire for tobacco. I had been a great smoker for ten years. I kept on with the study, and physical diseases began to disappear, until I found myself perfectly well.

The joy that has come to me spiritually, the English language has no words to express. We have now nearly all the works of our dear Leader and The Christian Science Publishing Society. Their value cannot be estimated in money.

In the degree that I rise above selfish motives and aims I find myself in the attitude of thought to understand the Bible and Science and Health. My constant desire is to so demonstrate over personality and all claims of sin, that I may be led to Christ, Truth.

*N. P. L., Bangor, Me.*

**HEALED OF A TUMOR.**

I was troubled for thirty years with a varicose-veined leg, which many physicians had failed to cure. I had to bandage it tightly in order to walk, and then could not go far.

I also suffered for twelve years with a fibrous tumor. I was operated upon many times with only temporary relief, for after each operation it grew much faster. Last spring I became so emaciated that I looked for death at any moment, and made all preparation for it, even buying my burial lot. In July a lady loaned me Science and Health. I knew nothing of its merits, nor did the lady know my condition. I had not finished reading it

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through, when I saw the nothingness of all material aid. I removed the bandage at once from my leg, and from that day I have never felt the need of it. My leg has assumed its normal condition, and the tumor has entirely disappeared. I write this that any one suffering as I did may go and do likewise, giving all the glory to God, and that precious little instrument, "Science and Health with Key to the Scriptures."

*M. E. M., Cincinnati, O.*

## **DEAFNESS CURED.**

A little over a year ago I was presented with a copy of Science and Health by the friends who had at that time just organized a Scientist Sunday-school, and after reading the book through carefully I was fully convinced of the truthfulness of Christian Science. I was healed of deafness of long standing in one ear, and otherwise benefited by reading and studying that precious little book.

*J. W., Frankfort, Kan.*

## **FOUR YEARS OF SUFFERING ABOLISHED.**

About eight years ago I was a very sick woman, having gone through a severe operation, deriving but little benefit therefrom, followed by four years of great suffering. At last the physician decided that another operation was necessary. Knowing the risk, also remembering what had been promised me from the first operation, which accomplished nothing, I decided not to go through such an ordeal again.

Conditions seemed to grow worse. I had considerable trouble with my bowels, — a partial paralysis. It seemed as though there was no help for me. Just at this stage a friend called upon me who was a Christian Scientist; her presence

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brought the thought of Christian Science and its healing to me. I had heard of it some nine months previous, but did not connect it in any sense with myself. I asked her about Christian Science, and she loaned me some *Journals*. They contained a number of testimonies of healing from reading Science and Health. I decided I must have the book. I purchased it December 8, 1898, and after reading it about six weeks I was healed and pronounced so by physicians.

Through losses financially, it was necessary for me to do my housework, and I found it no effort, when, only a few months previous, some one always had to take care of me.

A little girl was born to me, February, 1899, having Science treatment only. The birth was easy and of short duration, notwithstanding the laws of *materia medica* to the contrary; in fact, the physicians had pronounced such an event impossible.

Mere words cannot express my gratitude to our Leader, not only for the physical help, but for the spiritual uplifting, which her writings are giving me daily. I will be willing to give any one who cares to inquire further particulars.

*E. M. T., Germantown, Pa.*

### **HEALED OF MANY ILLS.**

Four years ago last September, after having come home, a supposed incurable, from a sanitarium, I was perfectly healed of many ills, simply through the reading of the Christian Science textbook.

I did not study the book with any thought of receiving physical benefit. I had been told that its doctrine was of the devil, and I fully believed in the wisdom of my informant. Many were advising me to try this Science for its healing power, and it was

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to enable me intelligently to reason with them, and point out to such advisers the fallacies of its teaching, that I began to read Science and Health. Its first effect on me was to make me angry. What its next one was I cannot tell, for I lost sight of the "me" entirely, through the wonderful light which came to me from the thoughts expressed in that book.

One morning, just two weeks after beginning to read this Science, it dawned upon me that I was out of pain, that all sense of weakness was gone; and the thought came, Why not get up? I did get up — perfectly healed — and in a very short time, about four or five months, instead of being a family composed of invalids, ours was one of perfect health.

Among the ills which seemed to be consigned to us were consumption, dyspepsia in one of its worst forms, nervous prostration, heart disease, poor sight, and need of three operations. I had worn glasses for many years, and both my children were wearing them. This trouble was overcome for us all in a very few days, and to-day perfect sight is ours.

In my case, surely much has been forgiven, and therefore I love much. I love this grand, uplifting, and glorious Truth which was revealed to me in "Science and Health with Key to the Scriptures," through the unselfish, faithful, and untiring efforts of Mary Baker G. Eddy.

*I. F. S., Aurora, Ill.*

### **A LOCOMOTIVE ENGINEER HEALED.**

My wife was an invalid for nearly eleven years. She was sent to a hospital for treatment, but after returning was worse than ever. A friend asked her to try Christian Science. She did so, and we thank God for what it has done. She is now well, and is helping others.

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For years previous to my taking up Christian Science, I had been subject to piles, rheumatism, lumbago, heart trouble, and also the habit of using tobacco. I have been healed of all these by reading and studying Science and Health.

Two years ago I thought I would have to give up work (I am a locomotive engineer), but feel now that I am good for a number of years.

*W. M. C., Clinton, Ill.*

**MANY DEMONSTRATIONS OF HEALING.**

At the birth of our first babe, three years ago, my wife suffered untold agony for twenty-one hours, with two of the best medical doctors in attendance, and when the babe was finally born, it only lived a few minutes on account of terrible injuries received. The mother lingered in bed for a long time after. Physicians said she could never give birth to a full-term child without injury to the child and great risk of her own life.

I had heard of Christian Science, and had been cured of a fever by it, in St. Louis, but I did not understand how I was healed, and got hold of misleading books on the subject.

Here, in De Funiak, we became acquainted with one of Mrs. Eddy's loyal students, who advised me to purchase Science and Health, the reading of which healed me of many diseases; and through the understanding of the Truth as taught in that book, the birth of our ten-pound boy, November 16, 1898, was "natural and safe," and without any suffering to mother or babe.

My wife was alone when this babe was born, labor beginning and ending before I could get her message and get to the house from the store, a short distance. Mother and son are in

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perfect health, and have been ever since his birth, neither of them having used any kind of material medicine.

This is but one instance of many demonstrations we have had of the power of Truth over error, and words can never express our gratitude toward all our Christian Science friends, and especially to our dear Leader, for giving us and all mankind the book that has brought such light into our home.

*I. P. W., De Funiak Springs, Fla.*

## **CURED OF HEART DISEASE.**

Less than one year ago I was led to commence the study of Christian Science. For many years I had been a sufferer from catarrh and dyspepsia, and for forty years I had been a steady user of tobacco, both chewing and smoking, and of liquor in moderation for many years.

For ten years I had been constantly doctoring for catarrh, trying many remedies and getting but little relief. I also continually dieted for dyspepsia. The understanding that I gained from reading "Science and Health with Key to the Scriptures" healed me of my diseases, catarrh and dyspepsia, and also of the tobacco and liquor habit. The wonderful thing in regard to the tobacco and the liquor habit is, that those habits simply left me; there was no self-denial on my part; and when I think of the happiness and comfort I have got in one short year from reading Science and Health, believing as I do that my experience is the experience in a measure of hundreds of thousands of others, is it any wonder that we love Mary Baker Eddy? I know that she is God's chosen instrument of help to a suffering world.

My wife has also been much benefited by Christian Science. Whereas, in former years, it had been drugs, doctors' bills, and liniments continually; for the past year there has been nothing of

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the kind. In my wife's case the doctor's verdict was heart disease, and that she would be with us but a short time. Now her health is perfect. The understanding that I got from reading Science and Health that God is All-in-all, that God is Life, leaves no room for catarrh, dyspepsia, the tobacco or the liquor habit. Another thing, I hardly ever receive a copy of the *Sentinel* or the *Journal* that I do not find some article that is alone worth the subscription price to me. No money would buy my Science and Health if I could not get another copy.

J. A. B., Irvington, Cal.

**THE CURE OF RHEUMATISM.**

About twelve years since I met with an accident, falling a distance of about forty feet on a pile of broken rock. It was thought at the time that I would be crippled for life, but broken bones were skilfully set and everything done for me by my kind and skilful surgeon. But in spite of the best medical skill I was left in such a condition that I was affected by every change of atmosphere, being subject to rheumatism in one of its worst forms. For eight years I continued under the care of different doctors of *materia medica*, and tried almost every so-called remedy suggested, sometimes having relief for a few days; but I continued to grow worse, until for the last several years previous to my investigation of Christian Science I was unable to change my position during the night without assistance, as one limb would become entirely helpless after being in one position for a little while. I required assistance most of the time to dress. This was the state, physically, that I was in when I began reading Science and Health, and it all disappeared while I was reading. I do not know at what time I was healed, but I do know that I awoke to a realization that I was free in less than a month's time, and there has been no return of the claim. It was "Science and Health with Key to the Scriptures" that unlocked my prison house, that broke the shackles of disease called rheumatism,

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wherewith I was bound physically. I was a tippler, an inveterate smoker, and had no hope of immortality. To my darkened thought man lived and died in matter, and then nothing — darkness — void. All has been changed through the blessed Truth. I have no desire for tobacco, and have not had for nearly two years. The belief of pleasure in the cup has disappeared. My thought is now being satisfied in the contemplation of infinite Good. Christian Science has become the principal factor in my daily life, and daily I am reaping the beneficent influence of the Truth.

*J. A. K., Scranton, Pa.*

## **THE VALUE OF THE BOOK.**

We often hear the remark, that Science and Health is too expensive. If it were cheaper, more people could have it, and it would be doing more good. To show that this is one of the false claims of mortal mind I wish to give a testimonial as it was given by a lady in one of our meetings.

"After being treated by several physicians, and trying all kinds of patent medicine, when I was gradually growing worse, my husband heard of Christian Science, and bought a copy of Science and Health, and brought it home, saying, 'I want you to read this book, it may heal you.' I said, 'How much did you pay for it?' 'Three dollars and eighteen cents,' was his reply. 'A fool and his money are soon parted,' I answered. 'What do you think that book could do for me?' 'Read it and see.' I laid it aside, thinking it was wrong to throw away so much money when we so needed it. The more I thought of it, the more I thought I must read it, as he had paid so much for it. If it had been only fifty cents or a dollar I would have left it unread.

"I commenced reading it, and had not finished before I was healed, physically and morally, and am to-day a well woman, doing my own work; and my home, instead of being one of

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wretchedness, is one of peace and joy. And the book has wrought this transformation. I want to say that if I could not get another copy, a thousand dollars would not purchase this one.

"If at any time I seem to be tired, my little girls will say, 'Mamma, you had better read your book.'"

This is only one of the many instances that I might name, showing that our text-book is above price.

*D. E. G., Melrose Highlands, Mass.*

### **A COMPLICATION OF DISEASES.**

For four years I had been a sufferer from a complication of diseases, — dyspepsia, catarrh, sick and nervous headache, and rheumatism.

I had been an active member of a church for years, and many an hour I had spent in prayer for my recovery, but all to no avail. I was getting worse all the time. I had the best aid *materia medica* could give me, but nothing helped me, until in November, 1896, I went to a Friday evening meeting of Christian Scientists. After listening to the reading of that precious book, "Science and Health with Key to the Scriptures," I learned that God was my life; that in Him I lived, moved, and had my being; that I had no need to suffer. I never had a treatment, but through the reading of Science and Health I became perfectly well, and am not only able to keep myself well, but also, through demonstrating the allness of God, I am able to help others out of darkness into the blessed gospel light.

I have also seen the power of Truth in the healing of my two children. My little boy had an attack of cholera infantum. The doctor was called in, my wife not being a Scientist at that time, but the child was still getting worse, when the aid of Christian

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Science was called at 7.30 p.m. At midnight he was well. My little girl was healed of diphtheria by the power of Truth as taught in our textbook. Words can but feebly express the desire of my heart to declare how much Christian Science has done for me. It has not only helped me physically but spiritually.

*E. N., Pottsville, Pa.*

## **THE CURE OF CONSUMPTION.**

My health was never good, and for four or five years I was sick more or less, when, in 1895, my health failed completely and I was sent to Colorado with what every one supposed was consumption, others of my family having died with that disease. I remained West for nineteen months, growing better and worse as I changed treatment, but never getting strong. Finally, I received help from a physician which enabled me to resume my work, but I was told that I would never be strong again, and that I must never take a permanent position, as I would soon break down. This proved only too true, as I was compelled to stop and rest every few weeks.

I became so homesick and discouraged that I determined to return to Chicago, with no hope of anything but that I might be overtaken by something that would take me out of my misery. When it seemed as though the last ray of hope was gone, and all the old troubles returned, I was advised to try Christian Science. At first I did not think much about it, but Science and Health was placed in my hands and I began to read it. I know that the first time I opened the book I found something that helped me, and I soon became a constant reader of it. One by one the symptoms left me, and before I knew it, I was perfectly healed, physically. My eyes were cured of astigmatism at the first testimony meeting I ever attended. I have not worn glasses for nearly three years, and can see better than I ever could in my life. I have a position where I am at times compelled to work very hard, but

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the work does not fatigue me, unless some inharmonious thought enters in. In three years I have not lost a week from my labors on account of illness. My healing all came through reading Science and Health.

Since gaining some understanding of this new-old religion, I have been enabled to overcome many physical diseases, but what is more to me, is the way in which I have, in a measure, been able to overcome selfishness, jealousy, envy, criticism, and hatred in myself. Christian Scientists know that there is always work to do; that we must constantly work, watch, and pray, and in overcoming and mastering error, day by day, we shall eventually be able to solve the whole problem.

With the understanding of God as taught in "Science and Health with Key to the Scriptures," I have been able to demonstrate out of sickness into health; out of sorrow into gladness; from discontent and unhappiness into a harmonious, peaceful condition of thought. I am most thankful for this wonderful Truth which has revealed a new world to me through our Leader, Mary Baker Eddy, and my only desire is so to live that I may reflect Love as taught by her.

*M. A. McC., Chicago, Ill.*

### **MANY TROUBLES HEALED BY READING SCIENCE AND HEALTH.**

In May, 1899, I first heard of Christian Science. By reading the Bible and "Science and Health with Key to the Scriptures," I have been relieved of an abnormal growth, and many other ailments have been overcome which would have prostrated me had it not been for this Truth. My husband has been healed of smoking and the liquor habit, and of Bright's disease, pronounced by the physicians to be in its worst form. Many other troubles have been healed by the studious and diligent reading of Science

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## **FRUITAGE.**

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and Health.

I know that God is with me in this work. I feel His presence by these uplifting thoughts, and know that I am dwelling under the shadow of His wings and He is bearing me up with His hand lest I dash my foot against a stone. Under His protection, all fear disappears, and the sunlight drives away the clouds which would hide the beauties of the spiritual universe wherein man reflects his Maker.

*J. W. M., Manchester, Ia.*

## **MANY TROUBLES DISAPPEARED.**

I served as a volunteer in the Union Army from May, 1862, until July 6, 1865, and returned home a wreck. I was wounded three times, and ruptured in my left side by being thrown from my horse. As I grew older my troubles increased, and I became a physical wreck. This brought me into drinking, and I came near filling a drunkard's grave. I became unable to work any more. I then went, two years ago, to the Soldiers' and Sailors' Home at Erie, Pa., to die, as I thought my time was short in this life. After spending nine months there I came home to see my daughter, who was dangerously ill. After her death I intended to return to the Home again, but through a friend I got acquainted with Christian Science, and attended the first meeting on November 9, 1896. I learned there and then that I was God's child. I bought "Science and Health with Key to the Scriptures," and through reading it, and by kind advice from friends, I became able to give up all my idols; and I thank God to-day I am a man and not a slave. The book's teaching at first was a bitter pill, but now it is a sweet morsel to me. It cured me of the tobacco habit, which had continued thirty-nine years. I had to wear eye-glasses for sixteen years. Now I have no use for them. My old troubles are all giving way, for Truth has made me free, and I thank God I am able to

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take care of myself and extend a helping hand to others.

*S. M., Pottsville, Pa.*

**EPILEPSY AND OTHER DISEASES.**

For twenty years I was subject to epilepsy, considered by *materia medica* to be an incurable disease. I have had as many as twelve spasms in a day, sometimes remaining unconscious for fifteen minutes.

I took medical treatment from two specialists in epilepsy, one in New York, the other in Philadelphia. They both said my case was a hopeless one, that it had become chronic, and the older I got, the more frequent and severe the spells would be.

I had other troubles, such as dyspepsia, a weak heart, and catarrh of the head and throat, and had taken six months' treatment from a specialist in catarrh. I had an operation performed and a piece of bone removed from my nose. One month after I had stopped taking his treatment, the catarrh was as bad as ever.

I spoke to a healer about taking treatment from her for epilepsy and other troubles. She said she would be pleased to give me treatment; but she did not think I would need it. She said she believed if I would study the Bible and "Science and Health with Key to the Scriptures" in the right spirit, and gain the understanding, I would be healed of all my ills.

I thought, as I looked at her, "This is certainly a good case for an insane asylum. The idea of my being healed of an incurable disease of twenty years' standing simply by reading that book, is preposterous."

One year ago last March I began studying Science and

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Health. In a few weeks the spells became less frequent and less severe, and in six months they ceased altogether. It is one year ago last August since I have had any symptom whatever of epilepsy. I have never taken a treatment, but have been healed of all my diseases through studying Science and Health and the Bible. At the present time my health is perfect, showing that Christian Science has accomplished in a few months what *materia medica* did not accomplish in twenty years. I never can be thankful enough for what Christian Science has done for me, as it has made a better man of me morally, physically, and spiritually.

*C. S., Pittsburg, Pa.*

## **HEALED OF ECZEMA.**

My attention was first called to Christian Science by friends in 1896. For over sixteen years I was a great sufferer from eczema, my trouble seeming specially aggravated during summer and winter. I tried many physicians, among them some of the most noted in the Western States. I consulted specialists in Montreal. I tried hot springs, baths, hygiene, electricity, patent medicines, — in fact, everything that came to my notice. All these efforts and remedies failed; in fact, each left me a little worse for the experiment.

A change of climate was suggested; my business was sacrificed, and I journeyed to the Pacific coast. I found relief for a time, but on returning to my former home a few years later, I was again afflicted as before. Other diseases now manifested themselves; such as indigestion, a general inaction, and, finally, partial paralysis.

It was in this condition Christian Science found me. My friends advised me to purchase a copy of "Science and Health with Key to the Scriptures." I received my book, and began to

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study. I did not appear to get much out of it at first, but I kept on reading, my health began to improve, and continued to improve, and I have enjoyed good health from that time until now.

I was in Alaska in February, 1899, and Southern California in August, and felt no bad results from extreme heat or cold; thus proving to me that one can be healthy in all climates with the understanding of Christian Science. I had been a constant smoker of tobacco for twenty-five years, but I gradually lost all pleasure in it. I realize more every day the wisdom of our Leader in the way the great work is being done through Science and Health, the Bible, and her various writings, freed from all mortal bias or interference.

*W. R., Seattle, Wash.*

### **HEALED BY READING SCIENCE AND HEALTH.**

Seven years ago I was suffering with a complication of diseases, three of which eminent physicians pronounced incurable. The fall before I had lost a baby girl, and believing that God had taken her from me as a punishment, I resolved to lead a better life. I was continually studying the Bible, earnestly searching for the Truth, when one day I was led to take up "Science and Health with Key to the Scriptures," which, by the way, had been in the house for a year or more, and I had time and again pronounced foolishness.

The book opened at the chapter on "Prayer." What a revelation! I remarked to my wife, "This book is all right." It was from that time my constant companion. It made the Scriptures plain, which before were meaningless. It made me love them, and in a short time I awoke to find my diseases gone. I found myself a *free* man; and although I am but a babe, I find I am happiest when I am living the nearest to the Truth as taught by our beloved Leader. Neither tongue nor pen can express the

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gratitude I feel towards the one who has given us this revelation. I can truthfully say that no money consideration whatever could cause me to part with *Science and Health* if I could not obtain another copy. I have not used a drop of medicine during these seven years for myself or family, while before that time I was spending all my living for drugs and physicians. But the physical healing is not all. The spiritual healing is the greatest of all blessings. This Truth that makes free, makes us free every way. it gives us the "peace which passeth all [human] understanding."

*C. H. B., *Fruita, Col.**

### **STUDY OF SCIENCE AND HEALTH BRINGS MANY BLESSINGS.**

It has been three years since *Christian Science* was brought to my notice. I then felt that it was the Truth and would bring freedom from disease and suffering. After reading the *Journal* one afternoon and evening, I retired, knowing I had found the Truth which would set me free. After a peaceful night's sleep I awoke very much refreshed, and as usual started to put on my glasses, which I had been obliged to wear for nearly eight years. I had scarcely taken them in my hand before I realized that all supply was in Mind, and as I could not see how glasses could aid the sight God gave me I put them away and found I could see perfectly without them. Since that time I have had no further trouble with my eyes.

After reading *Science and Health* for nine days I found I was no longer the suffering, depressed, and heavy-laden person I had been previous to that time. I was absolutely well, being free from all the weaknesses with which many women have been bound, as with chains, these many centuries.

Many rich blessings have since followed the careful, prayerful, and systematic reading of "*Science and Health* with

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Key to the Scriptures." My Bible, first of all, is a new and open book to me.

*F. E. R., London, Eng.*

### **CHRISTIAN SCIENCE CURED THEM ALL.**

The first time I saw a *Christian Science Journal* was in 1893, and it awoke a desire to investigate. I got a copy of "Science and Health with Key to the Scriptures," and it has been my study ever since.

I have never joined any church, but I am convinced that the Christian Science Church is the true one. When I commenced to read this blessed book, *Science and Health*, I had chronic inflammation of the stomach, heart disease, catarrh, and a bad habit of chewing and smoking tobacco. This great Truth has cured them all.

When I commenced to read the text-book I was nearly sixty years old; my life and health are changed to boyhood's joy.

*E. N. R., Chippewa Falls, Wis.*

### **EXPERIENCE OF A RAILWAY MAN.**

I did not commence the study of *Science and Health* on account of any physical sense of inharmony, but simply as an investigation of one of the topics that was absorbing so much of the attention of my friends; but, as the Divine thought grew in my consciousness, I found myself becoming better in both mind and body. About two weeks after I commenced my reading, I discovered that I no longer required my glasses, and I have not worn them since; at about the same time my nineteen years' belief in chronic constipation disappeared. I had been on the operating table for this last-named ailment, without benefit, and

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here it was relieved in less than three weeks and without my knowing it. I was also wearing a truss for a severe hernia. I could not stand or sit up without my truss, and the doctors expected that I would always wear it; but three and a half months after I commenced reading I dressed hurriedly one morning, forgot to put the truss on, experienced no inconvenience, and have never had it on since, and that is now nine months ago.

My weight was in the neighborhood of one hundred and thirty-two pounds, never over one hundred and thirty-seven at my best, and to-day I weigh about one hundred and eighty pounds.

*B. S. J., Council Bluffs, Ia.*

## **WHAT I FOUND IN SCIENCE AND HEALTH.**

From childhood I seemed to have a terrible fear and dread of all sickness, and as soon as any symptom manifested itself I was frightened and took all the medicine I could hear of that was thought good for that particular disease; but I was not satisfied with taking medicine. I thought my sickness was caused by some sin I had committed, and I would pray to God to forgive me, and try harder to please Him. When a temptation would come to me again, I would try at first to resist it, and then this thought would come, "The Bible says, God will forgive seventy times seven, and I will do this and then pray to God and He will forgive me, for the Bible said he would."

I was gloomy and fretful, and wanted to see no one. My mind was affected and my head hurt me for years. My back had been injured in childhood by a fall, and hurt me nearly all the time. My throat was sore every time the wind changed, and I had other troubles that seemed to need surgical aid. My eyes were affected; I had catarrh, and other ailments I have not mentioned.

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This was my condition when I first heard the name of Christian Science. I shall never forget the day; it was one Sunday morning, when I asked one of my neighbors for a novel to read. She said she had none, but she had Science and Health, and offered that to me. I told her I knew nothing about it, but would take it to pass away the time. I read her book when she could spare it; I would read and then pray to know of God if it was the right way, and several days I kept on in this struggle. One night I prayed very earnestly to know if Science and Health was right, and all at once I seemed to hear a voice say, "Christian Science is what you need;" that settled the question for me, and I began the study of Science and Health in earnest.

I met a great deal of opposition. My husband thought I was going off into something dreadful; said I might just as well read Tom Paine's books, and tried hard to keep me from being led astray from the Friends' Church. My friends shunned me, and one of the church members came and told me Christian Science was a lie, and all who taught it taught lies, and they knew it. I listened until she got through, and then quietly said, "I am perfectly satisfied." She seemed indignant to think, after her effort to save me, I was so calm and well-satisfied. She went away vexed, and never came again. In less than three months I was healed just by reading Science and Health.

When I learned that God does not punish his children with sickness and death, but sin brings its own punishment, a great burden rolled off me. I feel like a bird that had always been in a cage, and has been set at liberty. It seemed as though my feet scarcely touched the ground when I was first turned out of bondage, and I wanted to tell everybody I saw what Science and Health had done for me. Now I am trying to live Christian Science more and talk less.

*D. L. B., Wichita, Kan.*

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## **FRUITAGE.**

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### **ASTIGMATISM AND OTHER TROUBLES HEALED.**

Three years ago last June, I commenced to read Christian Science. Previous to this, my health had been poor for many years, and I had given up all hope of ever being well again. Some nine years before, I went through a serious operation. The physicians told me I would be a well woman in a year's time. As the years went by one after another, and I found their words were not true, I became discouraged, and was very unhappy. I longed to die, as I thought this would free me from suffering. I was in this state of mind when Christian Science was brought to my notice by a dear friend who had just commenced to look into it. I had no idea that I could be helped by reading Science and Health, but as I read, I found there was a great deal in it for me. In three months' time I laid aside the glasses I had worn for six years. A specialist told me I would have to wear them the rest of my life, as I had astigmatism and was far-sighted, and if I attempted to go without them, I would injure my eyes. I have never worn them since the day I first left them off, and have not suffered with headache, neither have I had any trouble with my eyes. I sew, read, and do lace work by gaslight, and feel no ill effects from it. As I continued to read, one ailment after another left me. Now I can say, I am well; I am not only well but happy.

*A. L. O., North Adams, Mass.*

### **CONSUMPTION AND NEURALGIA.**

I have been studying Christian Science for nearly two years. I had consumption and I knew there was no help for me in medicine. After hearing of a friend's recovery from insomnia and neuralgia, I thought possibly I might be benefited.

This friend loaned me "Science and Health with Key to the Scriptures," and of course I wanted one, but as we were

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financially embarrassed I did not think I could buy one, but my mother loaned me the money to buy that and the *Quarterly*. Since then I have earned the money to repay her and get "Miscellaneous Writings," and subscribe for the *Journal*, etc.

It is unnecessary for me to state that I was healed of consumption and neuralgia, and that many other diseases are disappearing.

Through my understanding all the members of my family have been benefited besides a few other people.

*H. D., White Cloud, Kan.*

### **HEALED BY READING SCIENCE AND HEALTH.**

When Christian Science was presented to me I had just passed through a siege of diseases, under the charge of *materia medica*. I had constant care from a trained nurse for a year and a half, under the supervision of one of the best allopathic physicians of the city in which I resided. He tried all the latest methods in his efforts to overcome the troubles which seemed to resist all his efforts. At length after a year and a half he advised my being taken to a medical institution, where he hoped for better results. There, under the best care, I gradually regained enough strength to be able to attend to my own wants. In about six months I returned home, not well, but able to take care of myself.

Some of the former symptoms returned, and my physician was called upon again. He said there was nothing more he could do for me. He had tried everything that *materia medica* offered, and I must just bear the pain and hope for it to wear out.

At that time I received a letter from a sister living in New York asking me to come there and try Christian Science. She told

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me of one of her friends who had been ill for a long time and who was suddenly and completely healed through Christian Science treatment. This brought the subject to my notice. I was told it was a method of healing without medicine. This appealed to me, as I had lost all faith in medicine. I was glad to hear there was such a system of healing.

I went to visit a friend who had passed through much sickness but was not healed by the treatment of physicians. When I saw her at this time there was a great change for the better in her condition. I was astonished, and asked her what she had been doing to produce this result. She said she had been reading a book "Science and Health with Key to the Scriptures," and using what had come to her from it. She loaned it to me and said, "You read it and see if you can be helped." I commenced to read that wonderful book, and while reading it I said, "One has to deny their senses to believe what is written here." Unconsciously I spoke the truth. I said, "I will try." I began to deny the sense of pain and weakness. One day soon after, my friend proposed to walk to her mother's, a distance of a mile. I was astonished at the proposal, as she had been accustomed to drive everywhere. I responded, "I can, of course, if you can." So we started, keeping in thought the statement in Science and Health, "Mind is the source of all movement, and there is no inertia to retard or check its perpetual and harmonious action;" and this statement also, "No exhaustion follows the action of this Mind, according to the apprehension of Divine Science." We walked to the house, had a most enjoyable visit, and when we returned home, we found the statement was true, for there was no reaction or fatigue.

This was my first demonstration of the power of Mind over the body.

I continued to apply the teachings of Christian Science, and found I was gaining strength. In three weeks I went home, and the family were surprised at the change in me. I told them it had

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been produced by reading Science and Health, and applying the rules given therein. My mother said, "It is a good thing for you. Send for that book." I did so at once and never, from that time, have I taken a drop of medicine or used an application of any kind. That was more than twelve years ago.

I did not realize what Christian Science is, but by obeying the directions given in Science and Health, I received the blessing, and as I went on I desired to know more of Christian Science as the religion of Jesus Christ. My heart was filled with gratitude to God, and I desired to know something of the one who had brought this revelation to humanity. I began to learn who it was, and what she had endured in bringing Christian Science to the apprehension of mortals. At last I saw and felt the blessing of her love as it flows out to all people, to aid them in escaping the bonds of sickness, sin, and death.

*A. S. B., Boston, Mass.*

**HEALED OF NUMEROUS DISEASES.**

Nearly four years ago "Science and Health with Key to the Scriptures" was handed me to read, and since then it has been guide and instructor, having healed me of numerous ills, the most troublesome being extreme nervousness and affected heart action, both claims seemingly hereditary.

For this healing I am very grateful, but if it were not all one and the same leaven, I might say I am more grateful for the religion Christian Science gives me, — one which I can take with practical results into the office, the street, and the home; with it we have not only a constant rebuke to selfishness and sin, but a way is shown whereby these conditions can be overcome and forced to give place to nobler motives.

My gratitude to Mrs. Eddy for this revelation grows in

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accordance with my understanding of its great worth, and my effort will ever be to live it.

*J. E. R., Chicago, Ill.*

## **CURED OF SPINAL DISEASE.**

In the spring of 1888 my husband and I called on a family one evening, when the gentleman said, "We have that book on Christian Science." When my husband saw the book, he said, "That is the book we want." The next day we sent to Oakland for it. When the book came we could not read it fast enough. I read in the evening aloud to my husband, and in the daytime when he was at work I read to myself. Before I had read the book through, I was cured of what our family physician called incurable spinal disease. I was at one time overpowered by the sun, and the spinal trouble followed. One day, while reading the book, what I called my severe pain came on. I got up and began to walk about, when the thought came, "See here; I have been reading that God never made a pain; well, then, I can't have a pain if God never made one." I then went out in the garden and never thought of the pain again until my husband came home from work; then I said, "This afternoon I had a pain, and I have not thought of it until now, and it is all gone."

I have *never* had a return of that complaint since that afternoon. We have followed, as near as we knew how, what our dear Leader teaches.

Many troubles have come to tempt us, but we have stood firm, and Science and Health has always been our healer and teacher.

*C. A. C., Los Angeles, Cal.*

**HEALED BY READING SCIENCE AND HEALTH.**

Four years ago I purchased a copy of "Science and Health with Key to the Scriptures." By studying it and the Bible, I was healed of what the family physician called catarrh of the throat. When he said he could do nothing more for me, I tried other physicians in Chicago and was finally advised to go to a specialist. I did so; and he said he could not cure me, but promised relief. He called my disease consumption of the throat.

The healing was perfect, and not a symptom has appeared since. We are a family of seven, and not one drop of medicine has been taken by any of us in four years. Before that the doctor was a frequent visitor at our home. We all thank God for this Truth, and may His blessing be with the ones who brought it to us.

*C. E. H., Buffalo, N. Y.*

**YE MUST BE BORN AGAIN.**

Since my earliest recollection the thought of invalidism has been held over me. All the diseases of my ancestors for generations seemed to be fastened upon me, and I was in the hands of the doctors from babyhood up.

I was told by the learned profession that no power on earth could make me a well, strong woman; that my parents were not well; that I had inherited all this; that I must be patient and make myself as comfortable and happy as I could. My Sunday-school teacher would tell me it was God's will, and perhaps He needed me in His home above, and that I must prepare to die. The picture of heaven was drawn, to show me how lovely it would be. Nevertheless I wanted to stay on earth.

So time passed until nine years ago all hopes were lost of

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my being restored to even partial health, the physicians saying there was a complication of diseases, but the most serious difficulty was a tumor beyond the reach of surgery. As I was failing fast, it was not thought possible I could live longer than two months.

Just at this time, when I had given up very unwillingly to die, a lady living thirty miles away, hearing of me through my husband, begged him to have me read a book she owned, and said simply reading it had done wonderful things. I secured the book, opened it indifferently, little knowing its contents. After reading awhile, — shall I tell you the words which held me spellbound, caused a load to fall from me, and lifted thought heavenward, in praise and thanksgiving? It was the words which, even to-day, seem illuminated: "There is no death." How fully that statement was accepted I scarce can tell, but it changed the entire current of thought. It caused me to say, "Go, take down the clothes prepared for the burial, put them with other clothing, for I am *not* going to die. God does not require it." My order was obeyed. How they pitied me for having false hope!

From that time medicine was discarded; everything burned which would burn, even to a porous plaster. Bottles were thrown away with their contents; and I read the wonderful, beautiful words of Truth.

As I had never heard of Christian Science before, I knew not where to find a healer. What was I to do? "Deny the evidence of the senses," said the inspired word, Science and Health. I did so when the senses cried out, "I am a reality and I will be heard." Many a hard battle was fought, and many a victory won. I have rejoiced over the downfall of many diseases, and realize how "trials are proofs of God's care."

*M. J. D., Mansfield, O.*

**A GRATIFYING EXPERIENCE.**

I was first led to investigate Christian Science a little more than a year and a half ago, through the influence of a niece, who came here from the State of Minnesota for a visit among friends and relatives. It needed only one glance into her face to tell us that a wondrous change had taken place, for instead of the weary, sickly woman who had never been strong enough, as we once knew, to endure anything, she was now the picture of health, life, and enjoyment.

Among the various articles unpacked from her travelling satchel I noticed a book entitled "Science and Health with Key to the Scriptures," together with a small Bible, both showing evident marks of having been used. I knew before this that she was an advocate of Christian Science, for her letters had frequently contained references to the subject, but beyond some anxiety lest in her devotion to its Cause she might some time let herself or some of her family die, when medical aid might save them, I had treated the whole matter with indifference.

Now, however, indifference changed to wonder; from that to interest, and a desire to know for myself something about Christian Science; and before our niece departed for her own home, my brother and I had decided that we must at least subscribe for the *Journal*.

She advised us if we could not afford both, to get Science and Health first; this advice resulting in our sending for both at the same time.

Science and Health came to hand first; my brother commenced the study right away. He had not read the book through, when I noticed his pipe had disappeared; where, I knew not, but asked no questions, for I was only too glad to have it gone from sight. We had remonstrated with him so often about

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the use of tobacco, all to no purpose, that I instantly knew Christian Science must have credit for the victory now, and I began to look forward with hope for further victories. They were not long in coming, we can all see so many victories and so much of the goodness of God in everything when we once begin to open our eyes to Truth. About this time we commenced attending the Church services held here. A few weeks later my husband consented to give Christian Science a trial in his own case. For many years he had been subject to very sudden and dangerous attacks of an illness which often threatened his life, every attack leaving him prostrated in strength for several days after. Many doctors were tried, and much medicine recommended had been purchased at the drugstores, all in vain. He was growing worse, for his illness was becoming more alarming by becoming more frequent. Christian Science was the last and only hope. But it stood the test; he was saved, and is now a well man, endures work, fatigue, exposure to all kinds of weather with a cheerfulness I never saw in him before.

My own healing has also been most gratifying. I have been helped in such a general way, I can hardly make mention of any special illness.

Since the commencement of this writing, my brother has told me, for the first time, of how the love and desire for tobacco left him one day while he sat by the fire reading Science and Health. He said he felt all at once he should never want it any more, and immediately opened the stove door and threw his pipe therein, and has never wished to use it since that time.

If any one should wish to ask any more questions with reference to this, I shall be willing to answer them. In conclusion would like to say that I am thankful, truly thankful, every day and every hour, that God has given us so good and faithful a

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leader as found in the person of the Discoverer and Founder of Christian Science.

*A. D. J., Battle Creek, Mich.*

**HEALED PHYSICALLY AND SPIRITUALLY.**

Some seven years ago I began to investigate Christian Science. For three or four years previous the subject had forced itself into my consciousness through various cases of healing among my acquaintances. These were not nervous or hysterical cases, and some of them were cases of long standing. One of these was that of a married lady who had not walked for many years, the daughter of an eminent physician. A few treatments completely restored her, and the following year she made a tour of Europe with her husband. This demonstration interested me very much, and every time I thought of it something within said, "Investigate."

About this time I secured the text-book, "Science and Health with Key to the Scriptures," and began its perusal. My first impressions of the book were not favorable, but I was determined to give it a fair hearing, and as I persistently continued the investigation, the light soon began to dawn. I want to say here that I did not undertake the investigation simply to get relief from physical suffering, although I had been a mild sufferer from several chronic ailments for years, but I took up the study mainly because I was very much dissatisfied with the life I had been living for the previous quarter of a century. It was not satisfying. I longed for that peace which passeth understanding, but which I had not found.

When I began reading the text-book, I had been afflicted with a serious case of nasal catarrh for about thirty years. This was accompanied by partial deafness, impaired sense of smell, catarrhal headaches, frequent colds, etc. For over twenty years I

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had been a sufferer from stomach and bowel troubles, neuralgia, frequent malarial attacks, and other minor difficulties. With a view to getting relief from these various ailments, all of which had become chronic, I had taken medicine almost constantly during all these years.

By the time I had read the text-book through the first time, these various troubles commenced to assume a milder form, and presently began to disappear, one by one, until all were gone. Thus I was healed physically as well as spiritually. These splendid results were not obtained in any miraculous way or in a brief space of time, but they were the fruits of a systematic course of study as laid down in the text-book, regular attendance at the services, reading Christian Science literature, a gradual growth in grace, a gradual putting off of the old and putting on the new.

In addition to my own healing there were two remarkable demonstrations in our family. A large tumor of three years' growth was removed from the neck of our son, a young man of twenty-five, by two or three months' treatment in Science. This tumor was as large as a man's clinched hand and exceedingly hard. One of our daughters was cured of an abscess in her head, the result of a severe cold, by two treatments, after many days and nights of suffering before she would accept Science.

*W. A. S., Omaha, Neb.*

## **HEALED BY READING SCIENCE AND HEALTH.**

I was in poor health for eight years, and grew worse all the time, until at last I went to a hospital in Montreal and submitted to an operation. This left me in a worse condition in some ways than I was before. That was in November, 1894. We lived in Canada at that time, but the next summer we came to Vermont to take care of an old gentleman whose daughter is a Christian Scientist and is away from home all the year, except during the

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month of August.

I did not know anything about Christian Science. I remember telling my husband that I supposed Miss C. would preach her Spiritualism all the time.

By this time I had ceased to use medicine of any kind, having lost all faith in it, and was convinced that nothing but God could heal me. I could not believe that God was the author of sickness, but I thought I ought to be reconciled to my lot as long as I did not have faith enough to be healed. I prayed all the time for health, and believed I could find it if I only knew how. I felt discouraged and worried all the time.

This was my condition when Miss C. came home in August, 1896. I saw right away that she was happy and in good health; but to my surprise she did not mention her "Spiritualism" to me until I became very anxious to know what her belief was. One morning I introduced the subject, and found her very willing to talk.

I shall always remember the talk we had that morning. I accepted some ideas very readily, but when she told me about "Science and Health with Key to the Scriptures" I thought I would be on my guard, and not be led astray. However, I decided to read the book and see if I would be healed. I could not understand it, but I continued to read, for I was determined to give it a fair trial. In two days I was very much stirred up. I would lay the book aside, thinking I would let it alone, but in a few minutes would pick it up and read again. The third day I began to get better, but did not say anything about it, for fear I would get worse again. In about a week I became aware that a cloud was lifted from my mind. I felt happier than I had for years, and was free from worry. Then I said I was getting better. I continued to study, for I knew I was being healed. I knew very little of the value of Science and Health. Although I was much

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better, I was not "every whit whole," and had many battles with error, but Truth was always victor. Last March I began to help others, and have found God a very present help.

*C. A. M., Waterford, Vt.*

## **CASES OF HEALING.**

When I began reading "Science and Health with Key to the Scriptures," two years ago, I thought I was nearing insanity, that I would either lose my mind or die of a broken heart. I seemed to be surrounded by trouble. I had been a member of a well-known church for twenty years, and although I tried to serve God and earnestly prayed to Him for help and guidance, yet He seemed too far away to hear me. In this seeming state of desperation I took up Christian Science. Within a few days I seemed to enter a different sphere. I became acquainted with God. I found that He was very near to me, that I was not alone and friendless, that He did love me and had always loved me. What a blessed revelation it was to me! A ray of God's everlasting sunshine poured into a weary, heavy-laden, sin-sick heart. It came to stay to dispel sorrow, sickness, and sin.

At that time I was wearing one pair of glasses all the time for the belief of astigmatism, and when I wished to read or sew I put on the second pair. In less than a month after I began reading Science and Health I laid off both pairs, and I know that I can see just as well as I ever did.

My daughter when but four years old was stricken with hip disease. Everything that money could do for her was done, and I feel like saying that every conceivable form of torture was put upon her. For ten months she lived in an iron brace, eight months she lay in bed with a weight on her limb. After these months of torture the attending physician said nothing but an operation would save her life, that it would be necessary to take out a

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portion of bone in the leg about six inches long. It seemed to me that she could live but a short time.

After a day of earnest prayer and thought I said to the physician, "You cannot operate on my child; if she must die, I am ready to give her up." He left the house, saying, "I can do no more; I leave the case with you." I carefully nursed her day and night. I watched her. I saw her grow a little stronger, a little brighter. The weight was taken off, and after three years of anxious care she stood up on crutches, one limb three inches shorter than the other. She grew strong enough to walk without crutches, then she wore a cork sole shoe. She was very delicate and could endure but little. Just previous to my taking up Christian Science she seemed to pass into the last stage of consumption. She was treated by two of the best physicians in the town where we lived, but was not helped. I then took her to one of the best physicians in Chicago. He said nothing could save her, that she had inherited consumption, and could live but a short time. Again I believed that I must give her up. Then and there I took the little book, Science and Health, and through it I got a better understanding of God as Life, Love, Truth. In one night she was healed of consumption. This was nearly two years ago. She has also been healed of astigmatism, after having worn glasses for ten years. She has laid off the cork sole shoe, and while one limb is yet a little shorter than the other, the lameness is hardly noticeable. This is the greatest demonstration we have had of God's love and power, but we have many others, each one enough to prove beyond any doubt that divine Love can and will meet our every need. Words cannot express our gratitude to dear Mrs. Eddy for her book, Science and Health, which is our "daily strength for daily needs." I would like to tell her all it has done for us.

*M. L. S., Chicago, Ill.*

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### **ANAEMIA HEALED.**

Because many would-be friends complain, and others remark that the instances of healing never show what is being done in England for the glory of God and the advancement of Christian Science, I offer three testimonials.

A little over two years ago I heard of Christian Science and attended the opening service of our new church. At the close of that first service I bought "Science and Health with Key to the Scriptures," and after reading it for nine days I became healed of a malady I had borne for thirty-five years; periodical attacks of biliousness and severe sick headaches, laying me aside for days together. I had tried every known remedy and had studied physiology, hygiene, chemistry, etc., to obtain relief and possible cure, but all failed. I have not had a single attack since, or taken a grain of medicine of any kind. I can now enjoy a sail on the stormy ocean without even a sense of sea-sickness, but instead receive the greatest pleasure and enjoyment from a sail on the ocean wave.

But more. With growth in the divine understanding I am becoming a healer of others. In November last I was informed of a man dying in our Croydon Hospital. He had been sent there after his doctor had given him up. His complaint, anaemia, was of the worst kind. There apparently was not a drop of blood left in his body. Every means was resorted to by the doctors, but of no avail. After he had been there a week the doctor gave him up, telling his wife nothing could save him, and it was expected he would die during the night; but see the result: I declared the Truth, and the demonstration of the Truth in relation to this dying man resulted in his awaking in the morning quite well, quite strong. I visited him, found him up and dressed, and he is now doing his daily work again. I distributed Christian Science literature to ten other patients.

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In the month of December, 1899, a patient in the same hospital underwent an operation; he caught cold, erysipelas set in, had brain fever, temperature rose to 107. I called at the man's home, got permission to treat this case, and sent word to the man himself (I was known to him). Four days after treatment I visited the hospital. The man had recovered. A few days after he left the hospital and is now quite well, back at his employment. To our triune God — Life, Truth, and Love — be all the glory.

*H. F., London, Eng.*

**INTERESTED THROUGH READING SCIENCE AND HEALTH.**

I have heard it argued that all who come into Christian Science become interested through the healing. I did not become interested through a desire for healing, but through reading "Science and Health with Key to the Scriptures." It explained the Bible so that I could understand it. I could not understand it previous to reading Science and Health, although I had tried to do so. I was also very much impressed by this fact, — that Christian Scientists practised their religion as well as preached it.

After learning of the benefits to be derived from this beautiful Truth, I had a great desire to be able to help others who needed the help Christian Science could give. With this thought I began to read and study Science and Health. After several months, I was healed of a disease of five years' standing. Besides taking many kinds of patent medicines, I had been treated by several of the best physicians, and seemingly helped at times, but never healed until I was healed through the understanding of the Truth.

*M. E. C., Cambridge, Mass.*

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### **HEALED BY READING SCIENCE AND HEALTH.**

When I came in contact with Christian Science I was hopelessly miserable. I felt as if life were a failure and there was more sin and suffering than anything else. Afflictions of many kinds had fallen thick and fast around us. Some were such as could be put down with a brave heart, but those which struck at me through my children were more than I could bear. I lost courage, my health failed, and I was so miserable and cross that I wonder at my husband's patience with me.

About this time I had occasion to spend several months in New York City, and there I was thrown with Christian Scientists. I was at once impressed with their cheerful, happy, loving ways. This was so unusual that I knew there must be some power back of Christian Science, and when in the course of conversation they told me that right thinking was the basis of right acting, and if one's thoughts were filled with good there would be no room for evil, it at least made me think. I attended the church three times, and it never failed to bring a sweet sense of peace and cheer.

After I left New York I studied the Bible closely and soon found that Christian Scientists put the proper interpretation on it, and I wrote to New York for Science and Health.

Strange to say, at this time I had a great desire to read this book. Drugs had failed to help me, but I did not suppose Christian Science would heal me physically. I only hoped it would bind up my broken heart and show me how to be better and how to help others. It did more than this; far more, it healed me of sick headaches, indigestion, internal trouble, terrible colds and coughs, and many other things; but the sweetest thing and the one I am most thankful for was, it taught me how to love.

Out of my heart of hearts I thank and love Mrs. Eddy, not

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only for my own healing and saving, but for those whom I have helped. It may bring joy to them, but it brings more to me. I have had difficulties to overcome, but "His grace is sufficient."

*A. C. B., Macon, Ga.*

**HEALED BY FAITHFUL STUDY OF SCIENCE AND HEALTH.**

The half can never be told of what Christian Science has done for me, but I desire to relate my healing of inherited consumption. It was five years before I could say, with solid conviction, I am healed, — healed by the Truth as revealed to my understanding by the study of Science and Health. The healing was the result of constant and earnest striving to know the Truth which will make all men free. Science and Health was my healer. My mother and all her family and also a sister of my father's had passed away with lingering consumption.

My sister and myself had received our so-called inheritance of the flesh, — consumption. We were both given up by the doctors as incurable. I was confined to my bed the greater part of twelve years. The last physician whom I employed was a noted practitioner, a specialist in San Francisco. He was well known in Europe as an eminent physician. He knew of no climate that could help me. He said, "I can only compare you to a sensitive plant. Touch you with either heat or cold and you wither." Such was my condition until I became a student of Science and Health. I have been healed six years, and am now trying to do all the good I can in the name of him who said, "He that believeth on me, the works that I do shall he do also."

If there are any who are waiting longer than they wish for their healing, let me say, "Be of good cheer, it will certainly come, if you trust and faint not."

*L. A. Y., Los Angeles, Cal.*

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### **AWAKENED TO HEALTH AND HAPPINESS.**

About four years ago I was liberated from bondage by the still, small voice of Truth. When I first heard of Christian Science I was at a sanitarium. The physician told me that a doctor who would say I could be healed, either knew nothing about his profession or had no regard for the truth. That night my pillow was wet with tears. Suddenly the sweet thought came, "The doctor is mistaken, you will get well." The tears were wiped away, and I rested sweetly.

In a short time I received a letter from my mother, which told me of the healing of a friend who had been an invalid several years, and whose case was considered hopeless. She had been under the constant care of prominent specialists in the North, and finally, when all material means had failed, she, as a last resort, had Christian Science treatment and was healed. She sent me the name and address of the lady who had treated her, with the request that I apply to her for help.

The thought of Christian healing appealed strongly to me, but I did not understand how a lady in Chicago could help me, while I was so far away. I thought if this is God's work, why cannot I go direct to Him for help? This I decided to do. I went home, and while using material remedies, I prayed to a corporeal God to bless them, and to please *let* me get well.

Seeing that our prayers and remedies were unavailing, we decided that travel and a change of climate would prove beneficial; so we went to Texas, travelled from place to place, drank mineral waters, and consulted physicians. Finally, we went to San Antonio, and I was placed under the care of a noted specialist. After four months' faithful work he gave up the case. He was puzzled to note that the medicine had the opposite effect

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from that intended. The last physician who treated me gave me morphine in large doses to quiet the terrible agony I suffered at times. He did not hope to cure me.

About seven years from the time I first heard of Christian Science, I was visiting my mother in Mississippi. A young lady called, whose presence animated me with hope. I had met her in San Antonio a few months before, where she had gone for treatment, and judging from appearances, I thought she would never get well. At the time of her visit she seemed the very embodiment of health and happiness. I said at once, "What has brought about this wonderful transformation?" She told me about her healing and about Science and Health, and that many were healed by simply reading it. I saw in the expression of her face, and felt by the mental touch, that she was in possession of the Truth for which I was famishing. I said, "What you have I want." I ordered the book from the nearest available point. So hungry was I that I could scarcely wait for it to come. When it did come, on my birthday, I gave myself up entirely to its perusal. Day by day I read and pondered the words in my heart and was *awakened*. Never shall I forget the sweet uplifting that came. I forgot I had been sick, I forgot all else, in a sweet realization of the ever-presence of Love. In a short time I was healed. The last four years have been years of health and happiness, and I owe it all to Christian Science.

*J. M. M., Houston, Tex.*

## **LOVE SUPPLIES ALL OUR NEEDS.**

After reading Science and Health for some few months I saw that I must stop hating. At that time my sense of hate was centred on one who had been with me in a mining enterprise and who caused me to lose a large sum of money. By meeting the thought of hate with love every time it presented itself, it was finally utterly destroyed in my own consciousness. About that

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time, in my efforts to be established as a Christian Science practitioner, our finances became very low, and with nothing in sight from which to replenish our stock of needful things. With the cupboard about empty and the rent almost due, error screamed louder and louder, and the greater the lack seemed to be the harder my wife and I worked to meet it with Truth, but seemingly without success. When our cash on hand got down to thirty cents, with rent due and no sign of an income, there seemed to be but one thing to do and we did it. We sold our household goods and went to boarding.

I then looked for material work, but still held in thought that I had God's plenty and would demonstrate it. I could find nothing to do but to solicit orders for a coal firm, and that did not bring much income. Going about in this work, I went to the gentleman above mentioned to get an order from him. At this meeting (though we had stormy ones before) there was not a sign of that old evil — hate — present. Meeting him again the following day, he requested that I should join him and his partner in their business. The thought of becoming his partner had never occurred to me. The proposition was that I was to put in no money and get one-third of the profits of the concern, to which I agreed, and with the result that during the past eighteen months I have had our living expenses out of the business, and on December 8 last received thirty-five hundred dollars cash as my share of profits.

*L. H., St. Louis, Mo.*

## **HEALED BY READING THE BOOK.**

Two years ago I knew nothing whatever of Christian Science, and when it was first brought to my notice, I asked numerous questions in regard to it in a skeptical way, having no faith in such a thing as mental healing. For upwards of fifteen years I had been an agnostic. In my early days I had been a

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member of a Protestant church, and not having received the comfort and peace I was looking for at that time, and becoming, in consequence, very much dissatisfied, I finally drifted away from religious circles altogether, until I became practically an infidel, or at least an agnostic.

When asking questions about Christian Science, I was referred to Science and Health, and commenced reading this book. At first I was puzzled, but stuck to it (for I was looking for the Truth at this time), and having imbibed somewhat of the spirit, conceived the idea of putting it into practice. For some time I had been compelled to wear glasses specially ground for a bad case, as the oculist pronounced it, of astigmatism. If I did not wear them when working, I would soon have a headache, which would compel me to stop. I was enabled, through the simple reading of this inspired book, to lay aside these glasses, and have not felt the need of them for more than eighteen months. Also I had been an inveterate tobacco smoker for a number of years, and considered this habit my chief source of enjoyment; but at the same time that I removed my glasses, I stopped smoking, and have not had any desire to resume the habit from that day up to the present time.

But more than this, far more, is the wonderful revelation of the Truth, the finding of a God that can be understood and reached.

Once more I wish to express my gratitude to the Founder of Christian Science and author of Science and Health, and my daily prayer is to obtain more and more of the understanding which is set forth in her cherished works.

*J. P. J., Chicago, Ill.*

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### **HEALED BY READING SCIENCE AND HEALTH.**

About four years ago I met two young ladies who told me of their, to me, wonderful healing through Christian Science. They were very earnest and honest, and as I had an opportunity to watch their every-day life I had positive proof that they had perfect health without the use of drugs, — and no fear of food, climate, or disease; above all, they had peace and happiness. These things I desired above all else, for I was a great sufferer, with a miserable disposition, and was afraid of everything in the world. I was afflicted with catarrh, female trouble, lung and throat trouble, neuralgia, rheumatism, and indigestion.

I was a physical wreck. The doctors had failed to cure me of anything, but for a while relieved me somewhat. Soon I had to drink hot water and apply hot water as my only relief from pain.

What happiness I experienced when I became convinced that God had not sent this suffering on me, as I had been taught. I persuaded my husband, who was bed-ridden, to try the Christian Science treatment, and he was healed in a month.

I thought as soon as I could afford to pay for treatment I would take it, but felt in no hurry, as I had suffered so long I had become accustomed to pain and was in no fear of immediate death.

While I waited I bought a copy of "Science and Health with Key to the Scriptures," by making a sacrifice. I went to the Christian Science Church regularly, and listened to every conversation on the subject, picking up crumbs of Truth, for I was starving, suffering, and miserable.

I accepted willingly the statements I read in Science and Health, whether I understood them all or not, and to my astonishment I began to get well without treatment from any

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one. Nothing I ate hurt me; weather began to lose its power also.

As sunshine banishes clouds and light darkness, the diseases disappeared from my body. I have used no drugs and am in perfect health; and this healing, being lasting, caused my relations to know that in Christian Science there is help for the sick when doctors fail, so they are now in health also, having tried the same fountain from which flows only pure, good water — Truth's fountain — Science and Health.

*A. L., Dallas, Tex.*

**HEALED AFTER MATERIAL MEANS HAD FAILED.**

In the fall of 1895 I first heard of Christian Science. I was at that time confined to my bed with no expectation of ever recovering, as my physician, who was one of the leading physicians in Philadelphia, where I then resided, had told me he could do no more for me. I had undergone a serious operation in the hospital, where I remained four months without receiving any benefit. I was then brought home in a much weaker condition than when I went. I kept my room and most of the time was confined to my bed, eight months longer, until Christian Science was brought to me. The operation at the hospital had greatly aggravated the nervous prostration from which I was suffering in addition to many other troubles. The stomach could not retain food. I was wasted to a skeleton. The eyesight was badly impaired from a painful form of astigmatism. There were times when I could not bear the light, and other times when I could not endure the darkness and had to keep a light burning all night. I was fitted to glasses, but was unable to wear any of them. Words cannot describe the agony of those months, both mental and physical, but Christian Science has changed it all, giving me a new heaven and a new earth; the heaven and earth of the scientific understanding of God as Love, who heals all our diseases.

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From a condition of extreme suffering and emaciation, I have come to a realization of perfect health, strength, and happiness, through the teaching of the Christian Science textbook, "Science and Health with Key to the Scriptures."

*I. F. L., Baltimore, Md.*